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1 **The effect of four lanthanides onto a rat kidney cell**
2 **line (NRK-52E) is dependent on the composition of the**
3 **cell culture medium**

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1 Abstract

2 Lanthanide (Ln) exposure poses a serious health risk to animals and humans. In this
3 study, we investigated the effect of 10^{-9} - 10^{-3} M La, Ce, Eu, and Yb exposure onto the vi-
4 ability of rat renal NRK-52E cells in dependence on Ln concentration, exposure time, and
5 composition of the cell culture medium. Especially, the influence of fetal bovine serum
6 (FBS) and citrate onto Ln cytotoxicity, solubility, and speciation was investigated. For
7 this, *in vitro* cell viability studies using the XTT assay and fluorescence microscopic in-
8 vestigations were combined with solubility and speciation studies using TRLFS and ICP-
9 MS, respectively. The theoretical Ln speciation was predicted using thermodynamic
10 modeling.

11 All Ln exhibit a concentration- and time-dependent effect on NRK-52E cells. FBS is the
12 key parameter influencing both Ln solubility and cytotoxicity. We demonstrate that FBS
13 is able to bind Ln^{3+} ions, thus, promoting solubility and reducing cytotoxicity after Ln
14 exposure for 24 and 48 h. In contrast, citrate addition to the cell culture medium has no
15 significant effect on Ln solubility and speciation nor cytotoxicity after Ln exposure for 24
16 and 48 h. However, a striking increase of cell viability is observable after Ln exposure for
17 8 h. Out of the four Ln elements under investigation, Ce is the most effective.

18 Results from TRLFS and solubility measurements correlate well to those from *in vitro*
19 cell culture experiments. In contrast, results from thermodynamic modeling do not cor-
20 relate to TRLFS results, hence, demonstrating that big gaps in the database render this
21 method, currently, inapplicable for the prediction of Ln speciation in cell culture media.
22 Finally, this study demonstrates the importance and the synergistic effects of combining
23 chemical and spectroscopic methods with cell culture techniques and biological meth-
24 ods.

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Keywords: f-elements; speciation; cytotoxicity; XTT; time-resolved laser-induced fluorescence spectroscopy; thermodynamic modeling

Highlights:

- Ln cytotoxicity depends on Ln concentration, exposure time, and medium composition.
- At environmental concentrations, Ln exhibit no harmful effect within 8 – 48 h.
- At elevated concentrations, Ce has the potential to harmfully affect kidney cells.
- FBS has a greater influence on Ln cytotoxicity, solubility, speciation than citrate.
- In citrate medium, 8 h exposure with Ce lead to significantly enhanced cell viability.

1 **1. Introduction**

2 Lanthanides (Ln) are counted among the emerging pollutants (Gwenzi et al., 2018; Tepe
3 et al., 2014), since recently the increased demand has led to a substantial increase in
4 mining and processing activities worldwide, especially in China. Consequently, this leads
5 to an elevated release of Ln into the environment. Ln have unique properties making
6 them valuable for a wide range of industrial, medical, agricultural, and even zoo-
7 technical applications. Amongst others they are contained in smart phones, fiber optics,
8 flat screens, permanent magnets, batteries, contrast agents for magnetic resonance im-
9 aging, phosphate binders in medicine, fertilizers, and food additives (Aquilina et al.,
10 2016; Gwenzi et al., 2018; Harrison and Scott, 2004; Hirano and Suzuki, 1996; Hu et al.,
11 2004; Pagano et al., 2015; Rim et al., 2013; Wells and Wells, 2012).

12 Once released, Ln are spread in the environment with ground and surface water. They
13 are reported to accumulate in vegetation, invertebrates, and vertebrates (Durbin, 1960;
14 Durbin, 1962; MacMillan et al., 2017) as well as humans (Leggett et al., 2014). Human
15 exposure to Ln can occur through various routes alongside the whole value creation
16 chain by inhalation, ingestion, and wounds. Today, ingestion of contaminated food and
17 drinking water as well as direct uptake via medical administration or occupational ex-
18 posure are considered to be the main transfer routes for Ln from the environment into
19 the human organism (Gwenzi et al., 2018).

20 Natural concentrations for unexposed rivers and mineral waters in China, Germany, and
21 the USA are reported to be $\leq 9 \mu\text{g/l}$ for the sum of all Ln (Hatje et al., 2016; Kulaksiz and
22 Bau, 2013; Li et al., 2014; Moeller et al., 2014; Negrel et al., 2000; Tepe et al., 2014;
23 Zhang et al., 2000). For a single element, natural concentrations vary widely, e. g. be-
24 tween 1.2 and 170 ng/L in the case of Ce (Kulaksiz and Bau, 2013). However, studies

1 conducted in Ln mining areas of China, report Ln concentrations in exposed rivers and
2 tap water that are much higher (He et al., 2010; Zhang et al., 2000). That is, e. g. in a trib-
3 utary to the Yellow River, the sum of all Ln is reported to amount to 8,500 µg/L and the
4 Ce concentration is 3,380 µg/L (He et al., 2010). For this tributary, the Ce concentration
5 is at least four magnitudes higher than in unexposed natural waters.

6 The same is evident for blood samples of Chinese people living in exposed and control
7 areas, respectively. Reported blood levels of unexposed control groups range from 0.97
8 to 4.07 µg/L for the sum of all Ln as well as from 0.01 to 0.66 µg/L for Ce (Li et al., 2013;
9 Yu et al., 2007). In contrast, Ln sum concentration measured in the blood of people living
10 in a mining area is reported to amount to 1,108 µg/L and the Ce concentration is report-
11 ed to add up to 603 µg/L (Li et al., 2014; Li et al., 2013), which both are three magni-
12 tudes higher than the respective reference value. This illustrates a significant enrich-
13 ment of Ln in body fluids.

14 After incorporation, Ln are absorbed into the blood stream and interact with its constit-
15 uents, especially proteins (Leggett et al., 2014; Taylor, 1998). They are rapidly cleared
16 from blood and redistributed to target organs and tissues all over the body (Höllriegl et
17 al., 2020; Leggett et al., 2014). Excretion occurs mainly *via* the kidneys with urine
18 (Durbin, 1960; Durbin, 1962; Höllriegl et al., 2017; Leggett et al., 2014). In rats, the uri-
19 nary excretion peaks within the first three days and accumulates to 20 – 30 % of the in-
20 jected Ln amount (Durbin, 1960; Durbin, 1962; Leggett et al., 2014). In humans, Ln ex-
21 cretion is very fast and peaks within 8 h to about 6 % of the injected Ln amount
22 (Höllriegl et al., 2020; Höllriegl et al., 2017).

23 The current state of knowledge about the health effects of Ln in animals and humans is
24 surveyed in several reviews (Gwenzi et al., 2018; Hirano and Suzuki, 1996; Leggett et al.,

1 2014; Pagano et al., 2015; Rim et al., 2013; Wells and Wells, 2012). Concerning animals,
2 Ln are demonstrated to be toxic to rats and mice (Durbin, 1960; Durbin, 1962; Feng et
3 al., 2007; Hirano and Suzuki, 1996; Nakamura et al., 1997; Zhao et al., 2013), dogs
4 (Cuddihy and Boecker, 1970; Cuddihy and Griffith, 1971; Cuddihy and Griffith, 1972;
5 Richmond and London, 1966), monkeys (Ducousso and Pasquier, 1974), sea urchins
6 (Hirano and Suzuki, 1996; Oral et al., 2017; Pagano et al., 2015; Pagano et al., 2016;
7 Trifuoggi et al., 2017), and aquatic midges (Kumar et al., 2016). In the case of humans,
8 several adverse health effects are documented, amongst them severe damage to the
9 nephrological system (Cheng et al., 2012; Fraum et al., 2017; Gwenzi et al., 2018; Hirano
10 and Suzuki, 1996; Maulik et al., 1983; Spencer et al., 1997; Vergauwen et al., 2018), car-
11 cinogenesis (Rim et al., 2013), dysfunctional neurological disorder (Gwenzi et al., 2018;
12 Zhu et al., 1996), tissue fibrosis (Gwenzi et al., 2018; Rim et al., 2013) as well as pneu-
13 moconiosis and interstitial lung disease (Pagano et al., 2015; Porru et al., 2001).

14 The kidneys are reported to bear the greatest initial Ln deposition of all soft tissues
15 (Spencer et al., 1997) and the tubule seems to be the renal part which is affected the
16 most. (Hirano and Suzuki, 1996) report a reduced urinary concentrating ability and an
17 increased renal vascular resistance upon Ln exposure of rats. Mineral deposits in the
18 glomerular and papillary capillaries of the kidneys of Ln exposed rats were reported by
19 (Spencer et al., 1997) and associated with Ln toxicity. Furthermore, these authors de-
20 tected multifocal necrosis of the proximal convoluted tubule. After long-term exposure
21 of mice with low Ln doses, ambiguity of the renal architecture and congestion of renal
22 blood vessels and capillaries leading to functional impairment of the kidneys are report-
23 ed (Cheng et al., 2012). Another part affected by Ln exposure seems to be the renal cor-
24 tex. Using Ln exposed chicken, (Maulik et al., 1983) found an altered level of enzymes
25 of the antioxidant defense system, especially enzymes of the cytochrome P450 family,

1 located in this part of the kidney. Finally, concerning Gadolinium-based contrast agents
2 for magnetic resonance imaging, nephrogenic systemic fibrosis is reported to be a se-
3 vere adverse effect associated with Ln cytotoxicity (Fraum et al., 2017). However, up to
4 now, the cellular and molecular mechanisms behind all these effects are still poorly un-
5 derstood.

6 One possibility to fill this gap are *in vitro* cell culture studies. Concerning mammalian
7 cells, a bank of publications is reported for Ln exposure and toxicity studies. A short
8 summary is given in (Heller et al., 2019). Briefly, both beneficial and detrimental effects
9 on the cells are reported since the dose-response relationships of Ln often exhibit bipha-
10 sic trends (Gwenzi et al., 2018) which is also called hormesis (Pagano et al., 2015). Ac-
11 cordingly, at very low concentrations, Ln can promote the growth and survival of cells
12 (Schmidlin et al., 2012; Zhang et al., 2009), whereas the majority of publications reports
13 cytotoxic effects of Ln on a variety of mammalian cells (Bladen et al., 2013; Dai et al.,
14 2002; Feyerabend et al., 2010; Heller et al., 2019; Kubota et al., 2000; Paiva et al., 2009;
15 Shen et al., 2010; Shen et al., 2009a; Shen et al., 2009b; Su et al., 2009; Yu et al., 2007; Yu
16 et al., 2005).

17 With regard to kidney cells, a number of publications reports on the toxicity of common
18 heavy metals on various cell lines derived from different species. Exposure of renal cells
19 to U is also well investigated (Carriere et al., 2004; Carriere et al., 2005a; Carriere et al.,
20 2005b; Carriere et al., 2008; Carriere et al., 2006; Milgram et al., 2007; Prat et al., 2005;
21 Thiebault et al., 2007). However, for Ln, there is a lack of studies with mammalian renal
22 cells. Therefore, in a previous study, we reported first results for rat renal NRK-52E cells
23 and human renal HEK-293 cells exposed to La, Ce, Eu, and Yb for 8, 24, and 48 h, respec-
24 tively, and demonstrated effects of all four Ln onto the viability of both cell lines at con-
25 centrations above 10^{-4} M Ln (Heller et al., 2019). Furthermore, Ln speciation in the cell

1 culture medium was experimentally investigated by time-resolved laser-induced fluo-
2 rescence spectroscopy (TRLFS) as well as predicted by thermodynamic modeling (Heller
3 et al., 2019).

4 To accompany cell culture studies on heavy metals with chemical and spectroscopic in-
5 vestigations is particularly important, since the chemical speciation of an element is one
6 key factor determining its bioavailability and effect/toxicity (Ansoborlo et al., 2006;
7 Apostoli, 1999; Bresson et al., 2012; Bresson et al., 2013; Carriere et al., 2005b; El-Akl et
8 al., 2015; Khan et al., 2017; Kiss and Odani, 2007; Levina et al., 2017). In *in vitro* cell cul-
9 ture studies, the speciation of a heavy metal is determined mainly by the composition of
10 the cell culture medium.

11 For standard cell culture medium supplemented with 10 % fetal bovine serum (FBS), we
12 reported complete Ln solubility up to 10^{-3} M and, hence, proposed good bioavailability
13 for the cells (Heller et al., 2019). However, other studies using mammalian and human
14 cells conducted experiments in serum-free (no FBS) or serum-reduced (1, 2, or 5 % FBS)
15 cell culture medium leading to diverse results (Carriere et al., 2004; Carriere et al.,
16 2005a; Carriere et al., 2005b; Carriere et al., 2008; Carriere et al., 2006; Dominguez et al.,
17 2002; Filerman and Berliner, 1980; Haase et al., 2015; Lawal and Ellis, 2010; Lee et al.,
18 2017; Milgram et al., 2007; Prat et al., 2005). Only some of these works also report on
19 the solubility of the studied heavy metal(s) in the respective cell culture medium
20 (Carriere et al., 2005a; Carriere et al., 2008; Filerman and Berliner, 1980; Sachs et al.,
21 2015).

22 Under natural and physiological conditions, citrate is an ubiquitous bioligand in the en-
23 vironment as well as the body and the most important low molecular weight ligand in
24 body fluids for most heavy metals (Berthon, 2002). The average citrate concentration in

1 blood is about 0.1 mM (Abbott, 1983; Durbin, 2006). Several studies report an effect of
2 citrate on the cytotoxicity of heavy metals. In the case of uranium (U), citrate was found
3 to increase the cytotoxicity onto rat renal NRK-52E cells as well as the intracellular ac-
4 cumulation of the actinide while it had no influence on the U speciation (Carriere et al.,
5 2006). In the case of Zn, exposed pig kidney LLC-PK1 cells are reported to exhibit sign of
6 cytotoxicity only when Zn is mixed with citrate buffer, but not when administered in
7 deionized water or phosphate buffered solution (Sargazi et al., 2013). In contrast to this,
8 U showed no cytotoxicity or intracellular accumulation in LLC-PK1 cells when applied in
9 citrate containing medium (Mirto et al., 1999).

10 To examine this issue for Ln, in the present study, we investigated the influence of the
11 serum content, i. e. the FBS concentration, in the cell culture medium as well as that of
12 citrate addition on the following parameters: i) the Ln cytotoxicity to rat NRK-52E cells,
13 ii) the Ln solubility in the respective cell culture medium, and iii) the Ln speciation in the
14 different media. The NRK-52E cell line is of noncancerous origin and, therefore, a repre-
15 sentative model for animal and human kidney cells of the proximal tubule epithelium
16 (Carriere et al., 2004). The influence of the serum content was investigated using serum-
17 reduced medium (sr-medium) with only 1 % FBS and serum-free medium (sf-medium)
18 without any FBS supplementation in comparison with the previously used standard me-
19 dium (st-medium) with 10 % FBS. The influence of citrate was investigated using stand-
20 ard medium supplemented with 0.1 mM citrate (st-cit-medium).

21 Viability of NRK-52E cells was determined in all culture media as a function of Ln con-
22 centration using the XTT test after Ln exposure for 24 and 48 h, respectively. Where in-
23 dicated, also experiments with short-time exposure for 8 h were performed. La, Ce, Eu,
24 and Yb were chosen as representatives of light, middle, and heavy Ln. Ln concentrations
25 ranged from 10^{-9} to 10^{-3} M to cover environmentally relevant trace concentrations, con-

1 concentrations measured in blood samples of exposed workers, and concentrations near the
2 solubility limit where significant effects occur. Dose-response curves were determined
3 and effective concentrations for the half maximum effect (EC₅₀ values) were derived.
4 Accompanying the cell culture studies, the Ln solubility and speciation in the different
5 cell culture media was determined using analytical and luminescence spectroscopic
6 techniques. The results of this study contribute to an improved risk assessment for Ln in
7 humans as well as to a better understanding of their environmental fate in the eco-
8 sphere.

9 **2. Materials and methods**

10 **2.1. Cell culture**

11 Normal rat kidney cells (NRK-52E; (De Larco and Todaro, 1978)) representing noncan-
12 cerous epithelial cells of the proximal tubulus were purchased from the Deutsche
13 Sammlung für Mikroorganismen und Zellkulturen (ACC No. 199; Germany). Cells were
14 cultivated in 75 cm² cell culture flasks (CELLSTAR®, greiner bio-one, Germany) in Dul-
15 becco's Modified Eagle's Medium (DMEM; D5671; Sigma-Aldrich Chemie GmbH, Germa-
16 ny) supplemented with 10 % (v/v) fetal bovine serum (FBS; Capricorn Scientific GmbH,
17 Germany), 4 mM glutamine and 1 % (v/v) penicillin/streptomycin (both purchased from
18 Biowest, France) at 37 °C, 95 % relative humidity (rH), and 5 % CO₂. This medium is de-
19 fined and referred to as "standard medium" (st). Cells were cultivated until confluence
20 and passages 5 to 12 were used. Experiments were performed in cell culture media of
21 various compositions (see Table 1): serum-reduced medium containing 1 % FBS (sr),
22 serum-free medium without FBS (sf), and standard medium with additionally 0.1 mM
23 citrate (st-cit).

1 Table 1: Composition of the cell culture media used within this study.

medium (abbreviation)	FBS content (v/v %)	citrate content (mM)	other supplements ^a
standard (st)	10	0	1 % Pen/Strep 4 mM Gln
serum-reduced (sr)	1	0	1 % Pen/Strep 4 mM Gln
serum-free (sf)	0	0	1 % Pen/Strep 4 mM Gln
citrate-containing (st-cit)	10	0.1	1 % Pen/Strep 4 mM Gln

2 ^a ... basic medium is high glucose DMEM (see text).3 **2.2. Chemicals**

4 La, Ce, Eu, and Yb were applied as chlorides or as their citrates. In the first case, stock
5 solutions of 10^{-2} M Ln chlorides ($\text{LnCl}_3 \cdot 6$ or $7 \text{ H}_2\text{O}$, ≥ 99.9 % trace metal basis; Sigma-
6 Aldrich Chemie GmbH, Germany) were prepared. For the latter case, a stock solution of
7 0.1 mM citrate was prepared by dissolving tri-sodium citrate dihydrate
8 ($\text{C}_6\text{H}_5\text{Na}_3\text{O}_7 \cdot 2\text{H}_2\text{O}$, ≥ 99 %, p.a., ACS; Carl Roth GmbH + Co. KG, Germany). All stock solu-
9 tions were prepared in double distilled, sterile water and stored at room temperature. In
10 the case Ln stock solutions turned turbid, they were filtered through 0.45 μm sterile fil-
11 ters (Whatman®, GE Healthcare Life Sciences, Germany). Ln citrate solutions were, then,
12 prepared directly within the cell culture experiments prior to adding medium to the
13 samples.

14 As reported previously (Heller et al., 2019), ZnCl_2 (z. A.; Merck KGaA, Germany) was
15 used as the positive control for XTT measurements, since it is reported to be cytotoxic to
16 rat renal NRK-52E cells as well as pig renal LLC-PK1 cells (Milgram et al., 2007; Sargazi
17 et al., 2013). A Zn stock solution of 10^{-2} M was prepared in double distilled, sterile water
18 and stored at room temperature. The concentration of all Ln and Zn stock solutions was

1 verified by mass spectrometry with inductively coupled plasma (ICP-MS). For ICP-MS
2 parameters see section 2.5.

3 The pH of the citrate stock solution was measured and adjusted to $\text{pH } 7.4 \pm 0.1$ using HCl
4 and/or NaOH. In case of the Ln and Zn, a $\text{pH} > 7$ leads to precipitation of hydroxides and
5 carbonates. Therefore, heavy metal stock solutions were adjusted to $\text{pH } 6.5 \pm 0.2$. Work-
6 ing solutions have, then, been prepared by dilution of the stock solutions with double
7 distilled, sterile water.

8 For cell culture experiments, the following solutions and reagents were prepared and
9 stored at $-20\text{ }^\circ\text{C}$: i) 50 mg/mL XTT (2,3-Bis-(2-Methoxy-4-Nitro-5-Sulfophenyl)-2H-
10 Tetrazolium-5-Carboxanilide) in DMEM, ii) 3 mg/mL PMS (5-Methylphenazinium me-
11 thyl sulfate; both purchased from SERVA Electrophoresis GmbH, Germany) in phosphate
12 buffered solution (PBS), iii) Phalloidin-iFluor™ 488 Conjugate (AAT Bioquest Inc., USA)
13 in DMSO according to the manufacturer's protocol, iv) 5 mg/mL DAPI (4',6-Diamidin-2-
14 phenylindol; Santa Cruz Biotechnology Inc., USA) in water, v) 4 % (v/v) paraformalde-
15 hyde (96 %; Acros Organics, Belgium) in PBS, vi) 10 % (v/v) Triton X-100 (Sigma-
16 Aldrich Chemie GmbH, Germany) in PBS, vii) 1 % (v/v) bovine serum albumin (BSA;
17 AppliChem GmbH, Germany) in PBS, and viii) Mowiol 4-88 (Carl Roth GmbH + Co. KG,
18 Germany) according to the manufacturer's protocol.

19 **2.3. Determination of cell viability after Ln exposure**

20 Details on the method were previously reported (Heller et al., 2019). Briefly, cells were
21 sub-cultured in st-medium. For experiments in st-cit-medium, the cells grown in st-
22 medium were directly used. For experiments in sr-medium, the cells were adapted to
23 that medium one day prior to seeding into well plates, since the alteration of the serum
24 content might have a significant effect on the cell metabolism interfering with the effect

1 of heavy metals. For this, st-medium was removed from the cell culture flask, the cells
2 were washed with PBS and sr-medium was added. Then, the cells were incubated again
3 for 24 h to adapt to these conditions.

4 For experiments, the cells were seeded in 96-well cell culture test plates (TPP Techno
5 Plastic Products AG, Switzerland) at a density of $(4 - 6) \cdot 10^4$ cells/mL and incubated for
6 24 h to adhere to the plate surface. Then, the cell culture medium was removed, 100 μ L
7 of the respective fresh medium containing $10^{-9} - 10^{-3}$ M Ln as chloride or citrate was
8 added and the sub-confluent cells were incubated again for 24 and 48 h, respectively.
9 The pH of the respective medium was checked to be 7.6 ± 0.2 after addition of the high-
10 est Ln amount (compared to 7.8 ± 0.2 before Ln addition).

11 Viability of the exposed cells was measured using the XTT test (Scudiero et al., 1988).
12 This test is based on the mitochondrial activity of the cells and measures the PMS medi-
13 ated reduction of XTT to its colored formazan derivate, which can be monitored using a
14 microplate reader (infinite F200, TECAN Trading AG, Switzerland) at 492 nm. The de-
15 tailed experimental procedure is given in (Heller et al., 2019). As a negative control, un-
16 treated cells in sr- and st-cit-medium were used. In the case of st-cit-medium, another
17 negative control of untreated cells in st-medium was also included to check whether
18 citrate has any effect on the cell growth. As a positive control, cells exposed to $5 \cdot 10^{-4}$ M
19 Zn were used, since this concentration was deduced from literature (Haase et al., 2015)
20 and found to exhibit nearly complete cytotoxicity (see section 3.1, table 2 and section
21 3.2, table 3). For each Ln, studies were performed as three to six independent experi-
22 ments with all blanks, controls, and samples at least in quadruplicates. Cell viability was,
23 then, calculated in comparison to the negative control (equals 100 %) of each plate.

24

1 **2.4. Cytochemical staining and microscopy**

2 For cytochemical staining, cells in st-, sr- and st-cit-medium were seeded on glass slides
3 equipped with a 8-well FlexiPerm (SARSTEDT AG & Co. KG, Germany) at a density of
4 $4 \cdot 10^4$ cells/mL and incubated for 24 h to adhere to the glass surface. The subsequent
5 exposure procedure was analog to the cell viability studies (see section 2.3).

6 The detailed experimental staining procedure is given in (Heller et al., 2019). In brief,
7 cells were fixed on the glass slides with 4 % (v/v) paraformaldehyde, permeabilized
8 with 0.1 % Triton X-100 and stained with Phalloidin in 1 % BSA. Then, they were em-
9 bedded with cover slides and DAPI containing Mowiol. Finally, cells were left to dry
10 overnight in the dark at room temperature and stored at 4 °C. In each plate, two wells
11 remained untreated (negative control), two were treated with $5 \cdot 10^{-4}$ M Zn (positive
12 control), and each two wells were exposed to 10^{-5} and 10^{-3} M Ce and Eu, respectively.

13 Fluorescence microscopy was performed on an Axio Vert.A1 equipped with an AxioCam
14 503 mono (both Carl Zeiss Microscopy GmbH, Germany) using LD A-Plan 20x/0.35 Ph 1
15 and 40x/0.55 Ph 1 objectives. For visualization of the stained cytoskeleton and nucleus,
16 the GFP and DAPI fluorescence channels were used, respectively. For each channel, sep-
17 arate pictures with pseudo-color were taken and, then, an overlay was constructed using
18 the ZEN 3.0 (blue edition) software (Carl Zeiss Microscopy GmbH, Germany).

19 **2.5. Ln solubility in cell culture medium**

20 The solubility of Ln in sr-, sf-, and st-cit-medium was determined for Ce, Eu, and Yb in
21 24-well cell culture test plates (TPP Techno Plastic Products AG, Switzerland) according
22 to a method previously published (Heller et al., 2019). In each well, 2 mL of the respec-
23 tive cell culture medium containing 10^{-7} – 10^{-3} M Ln were incubated at 37 °C, 95 % rH,

1 and 5 % CO₂ for 24 and 48 h, respectively. In the case of st-cit-medium, again, Ln and
2 citrate solutions were mixed prior to adding the st-medium. Afterwards, all samples
3 were filtered through 0.45 µm sterile filters (Whatman®, GE Healthcare Life Sciences,
4 Germany) and Ln concentrations in the filtrates were analyzed using ICP-MS. The meas-
5 ured Ln content represents the dissolved fraction of the applied total Ln concentration
6 in the cell culture medium.

7 For cell culture medium with reduced Ln solubility, Ce and Eu were added to 30 mL of
8 the respective medium to a final concentration of 10⁻³ M. Samples were incubated for
9 48 h and, afterwards, centrifuged for 5 min at 175 x g. The supernatant was discarded
10 and the precipitate was analyzed with ICP-MS to determine the content of Ln, P, and Ca.

11 A second set of deposits was prepared in the same way, resuspended in bidistilled wa-
12 ter and the total carbon (TC), total inorganic carbon (TIC), and total organic carbon
13 (TOC) were analyzed. From these values, the carbonate content (as the sum of carbonate
14 and hydrogen carbonate) of the deposits was calculated.

15 ICP-MS measurements were performed either on a NexION 350x (1300 W; Perkin
16 Elmer, Germany) or an iCap RQ (1550 W; Thermo Fisher Scientific, Germany) each
17 equipped with a quadrupole mass analyzer and argon as the plasma gas. Each measure-
18 ment was performed in triplicates. TIC and TC measurement were performed on a "mul-
19 ti N/C 2100 S" (Analytik Jena, Germany). TIC was determined by passing the samples
20 into phosphoric acid and blowing them off with oxygen. TC was measured by catalytic
21 combustion of the samples in an oxygen stream at 800°C. For both methods, the formed
22 carbon dioxide is measured using a nondispersive infrared sensor. The TOC, then, is the
23 difference between TC and TIC.

2.6. Time-Resolved Laser-induced Fluorescence Spectroscopy (TRLFS)

Speciation studies of Eu in the different cell culture media were performed using a pulsed flash lamp pumped Nd:YAG-OPO laser system (Powerlite Precision II 9020 laser equipped with a Green PANTHER EX OPO; Continuum, USA) and an external delay generator (Model DG535; Stanford Research Systems, USA). Details on the experimental setup are reported in the literature (Moll et al., 2014). The laser pulse energy was 2.5 – 3.5 mJ and emission spectra were detected by an optical multichannel analyzer consisting of a monochromator and spectrograph (Andor Kymera SR328i; Oxford Instruments, UK) with different gratings (600 lines per mm were used) and an ICCD camera (Andor iStar DH320T-18U-63; Oxford Instruments Andor, UK). All experiments were performed at 200 μm slit width and 0.48 ms exposure time. All samples were maintained at $T = 25$ $^{\circ}\text{C}$ and, if precipitated, stirred using a qpod temperature-controlled sample compartment for fiber optic spectroscopy (Quantum Northwest, USA).

After excitation at 394 nm, steady-state and time-dependent luminescence spectra were recorded in the 570 – 640 nm range with delay times of 10 – 120 μs . Steady-state spectra exhibit three important luminescence peaks corresponding to the following emission transitions: i) $^5\text{D}_0 \rightarrow ^7\text{F}_0$ at 575 – 580 nm, ii) $^5\text{D}_0 \rightarrow ^7\text{F}_1$ at 585 – 600 nm, and iii) $^5\text{D}_0 \rightarrow ^7\text{F}_2$ at 605 – 625 nm (Bünzli, 2010; Richardson, 1982). Since the $^7\text{F}_0$ peak results from a symmetry forbidden transition, it is very weak and occurs only in spectra of Eu complexes with asymmetrical first coordination shell. The $^7\text{F}_1$ peak results from a parity allowed magnetic dipole transition (MD) and its intensity should be hardly affected by complexation. Hence, it is used for normalization of the spectrum. In contrast, the $^7\text{F}_2$ peak results from a parity forbidden electric dipole transition (ED) and is strongly affected by complexation. Both the luminescence intensity and the fine structure of this peak are very sensitive to the ligand of the Eu^{3+} ion, which is why this transition is called

1 a hypersensitive transition (Bünzli, 2010; Richardson, 1982). Therefore, the intensity
2 ratio of the ED over the MD transition ($R_{E/M}$; see section 2.8, equation 2) is an important
3 parameter for comparing spectra of different Eu species. Luminescence decay curves of
4 Eu can be mono or biexponential indicating the existence of one or two dominant bind-
5 ing forms.

6 **2.7. Thermodynamic Modeling**

7 The theoretical Ln speciation in sr-, sf-, and st-cit-medium (10^{-7} – 10^{-3} M, pH = 7.4, 5 %
8 CO₂, T = 298.15 K) was predicted by thermodynamic modeling using the geochemical
9 speciation code Geochemist's Workbench (GWB), Module React (vers. 12.0.2) (Bethke,
10 2008). The thermo.com.v8.r6+.dat database was used along with the accompanying
11 code. The database was supplemented with current data for the aqueous complexation
12 of Eu with various amino and organic acids (L-arginine, L-phenylalanine, L-tryptophan,
13 L-valine and citric acid) as well as with their protolysis and complexation data with ma-
14 trix ions (Ca, Mg, and Fe) taken from the JESS database (May et al., 2018). The thermo-
15 dynamic data for transferrin complexation was included using Cm as a chemical analog
16 (Bauer et al., 2014) as well as that for Eu complexation with bovine serum albumin (Li et
17 al., 2007). Thermodynamic data of solid phases (EuPO₄ · 10 H₂O(s), EuPO₄(s), and
18 EuOHCO₃(c) from HYDRA database (Puigdomènech, 2009)) were also included. If neces-
19 sary, the thermodynamic stability or solubility constants have been recalculated to zero-
20 ionic-strength conditions using the Davies equation (Davies, 1962). All thermodynamic
21 data is given in the ESI, Table S1.

22 The composition of DMEM was taken from the supplier, the transferrin concentration in
23 FBS was adopted from (Kakuta et al., 1997) and albumin concentrations from (Lindl,
24 2002). For transferrin, the reported value of 2 mg/mL (Heller et al., 2019) was assumed,

1 for albumin 0.75 mM. Consequently, 0.2 mg/mL transferrin and 0.075 mM albumin was
2 used for all calculations in st-medium (10 % FBS) as well as 0.02 mg/L transferrin and
3 0.0075 mM albumin in sr-medium. For sf-medium, both proteins were omitted. In the
4 case of st-cit-medium, the transferrin and albumin contents of st-medium were used and
5 0.1 mM citrate as well as the respective stability constants with Eu (Heller et al., 2012)
6 included. Although various amino acids and other organic substances are present in
7 DMEM and FBS, due to missing information about their concentrations (especially for
8 FBS) and/or thermodynamic data for their interaction with Eu, they could not be taken
9 into account for the modeling.

10 **2.8. Data analysis and statistics**

11 For cell viability studies, outlier detection using the Grubbs' test (Grubbs, 1969) was
12 performed for each blank, control, and sample multiplicate. Then, dose-response curves
13 were plotted using Origin (OriginPro 2015G, OriginLab Corporation, USA) and statisti-
14 cally evaluated for significances by one-way ANOVA with Tukey *post hoc* test ($p < 0.05$;
15 95 % confidence).

16 Cell viabilities were calculated in comparison to the negative control, i. e. untreated cells
17 equal 100 %, and are given as means \pm standard error of mean (SEM). Furthermore, the
18 experimental dose-response curves of one Ln were fitted altogether in Origin using the
19 following equation:

$$20 \quad y = \frac{A_1 - A_2}{1 + \left(\frac{x}{x_0}\right)^p} + A_2, \quad (1)$$

21 where y is the cell viability after exposure to Ln, A_1 is the initial/highest cell viability, A_2
22 is the final/lowest cell viability, x is the Ln concentration, x_0 is the center of the curve,

1 and p is the power. A_2 is fixed to 0 %. Along with this fit, the $EC_{50} \pm SEM$ is calculated
 2 and equals x_0 .

3 Luminescence spectroscopic data of Eu were also analyzed using Origin. First, all TRLFS
 4 spectra were baseline corrected and the steady-state spectra were normalized to the
 5 peak area of the ${}^5D_0 \rightarrow {}^7F_1$ band. Then, the $R_{E/M}$ was determined as follows:

$$6 \quad R_{E/M} = \frac{I({}^7F_2)}{I({}^7F_1)}, \quad (2)$$

7 with I being the integrated luminescence intensity of the respective transition. Further-
 8 more, Origin was used to determine the luminescence lifetime of emitting species ac-
 9 cording to the equation of exponential decay:

$$10 \quad I(t) = \sum_i I_i \cdot e^{-\left(\frac{t}{\tau_i}\right)}, \quad (3)$$

11 with I being the total luminescence intensity at the time t , I_i the luminescence intensity
 12 of species i at $t = 0$, and τ_i the corresponding luminescence lifetime. With this lifetime,
 13 the number of water molecules in the first coordination sphere (n_{H_2O}) was calculated
 14 using the following equation (Kimura et al., 2001):

$$15 \quad n_{H_2O} \pm 0.5 = \frac{1.05}{\tau} - 0.44. \quad (4)$$

16 In this empirical equation, the lifetime is inserted in ms. Using this number, the water
 17 molecules released from the inner coordination sphere of Eu(III) (Δn_{H_2O}) were calculat-
 18 ed according to (Ozaki et al., 2002):

$$19 \quad \Delta n_{H_2O} \pm 0.5 = 9 - n_{H_2O}. \quad (5)$$

20

21

1 **3. Results**

2 This study covers *in vitro* cell culture experiments as well as cell free investigations. Us-
3 ing cell culture techniques, the effect of Ln onto the viability of rat renal NRK-52E cells in
4 dependence on the composition of the cell culture medium was measured using the XTT
5 test. Ln concentrations ranged from 10^{-9} to 10^{-3} M and exposure times were 24 and 48 h,
6 respectively. When indicated, short-time measurements with 8 h exposure time were
7 also performed. For each parameter set (Ln/exposure time/cell culture medium), dose-
8 response curves were plotted and EC₅₀ values derived. Furthermore, fluorescence mi-
9 croscopic studies were performed after cytochemical staining of NRK-52E cells. Cell free
10 experiments comprised the determination of Ln solubility in the different cell culture
11 media within the concentration range of 10^{-7} – 10^{-3} M as well as TRLFS investigations on
12 and thermodynamic modeling of the Ln speciation, respectively. Experiments were car-
13 ried out using La, Ce, Eu, and Yb under serum-reduced (sr; 1 % FBS), serum-free (sf; no
14 FBS), and citrate-containing standard (st-cit; 10 % FBS + 0.1 mM citrate) conditions. Fi-
15 nally, the results are compared to previously published data obtained in standard cell
16 culture medium (st; 10 % FBS) (Heller et al., 2019).

17 **3.1. The influence of FBS on the solubility, cytotoxicity, and speciation of Ln**

18 *Ln solubility*

19 Ln bind to a variety of ligands and form both soluble and insoluble complexes influenc-
20 ing the effect of Ln in cell culture experiments. Therefore, the solubility of Ce, Eu, and Yb
21 in cell culture media of different FBS content was determined after incubation for 24 and
22 48 h using ICP-MS. Resulting solubility curves are depicted in Figure 1.

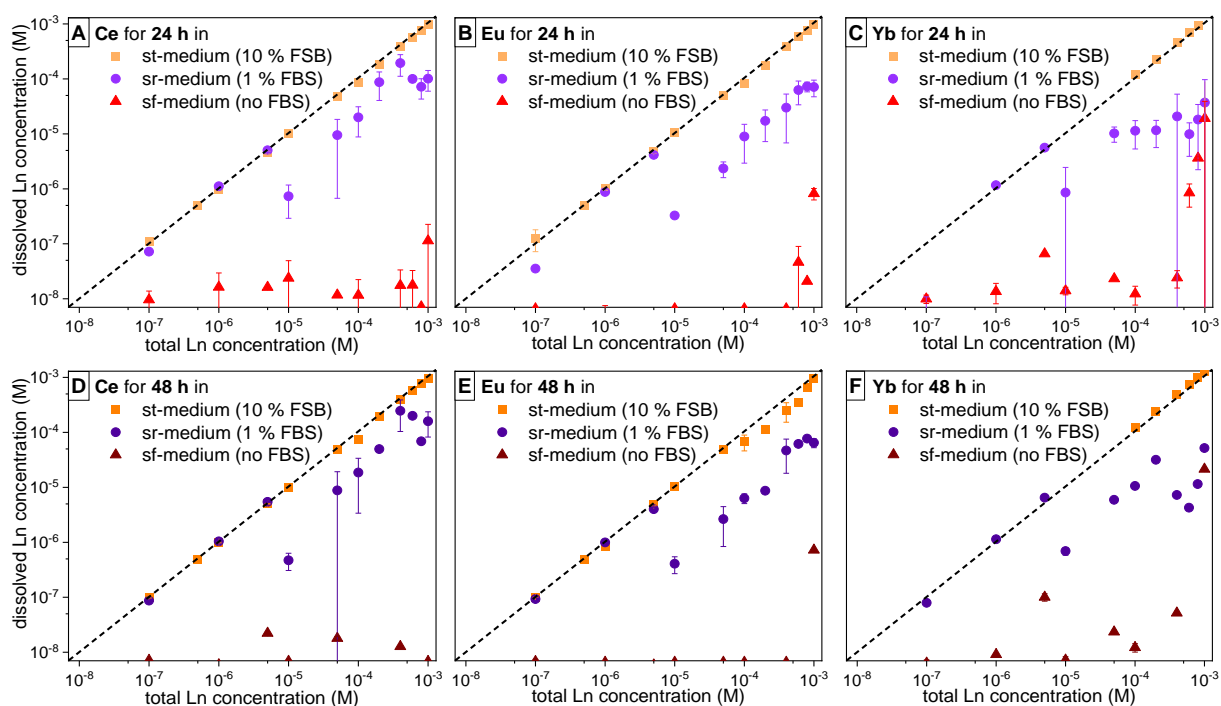


Figure 1: Solubility of Ce (A, D), Eu (B, E), and Yb (C, F) in cell culture media of different FBS content after incubation for 24 (A – C) and 48 h (D – F) as determined by ICP-MS. The dotted lines equal 100 % solubility. Values represent means \pm SD of two to four independent experiments. Values below the limit of quantification (LOQ) were set to 1 $\mu\text{g/L}$ (= LOQ). Data for st-medium were taken from (Heller et al., 2019).

In st-medium containing 10 % FBS, all three Ln are completely soluble up to 10^{-3} M. For sr-medium containing only 1 % FBS, this holds true for concentrations $< 10^{-5}$ M Ln. At $\geq 10^{-5}$ M Ln, significant Ln precipitation occurs. White fluffy precipitates are visible by the eye at concentrations $> 4 \cdot 10^{-4}$ M Ln. Furthermore, it seems like some kind of solubility plateau is reached at least for concentrations $\geq 4 \cdot 10^{-4}$ M Ln indicating saturated solutions. In sf-medium without any FBS supplementation, the solubility of all Ln is extremely low and the solutions seem to be saturated already at the lowest concentration of 10^{-7} M Ln. Hence, significant precipitation occurs which is visible as whitish jellylike deposits by the eye at least for $> 2 \cdot 10^{-4}$ μM Ln. Both precipitations look different from each other.

The solubility curves of each Ln reveal no difference between the two incubation times in one respective medium. Hence, the solubility and potential precipitation seems to be

1 independent from time within our experiments. Furthermore, the solubility of all three
2 elements is very similar in one respective cell culture medium. Therefore, the chemical
3 behavior of all Ln can be considered as comparable and, hence, it is reasonable to as-
4 sume that results for La would be similar.

5 Comparison between the three different cell culture media reveals that Ln solubility is
6 increasing with increasing FBS content. This indicates Ln binding by constituents of FBS,
7 most probably proteins, and is in accordance with previous investigations on Eu (Sachs
8 et al., 2015) and Pb (Filerman and Berliner, 1980). Both of these studies report that FBS
9 acts to solubilize or suspend the heavy metals in cell culture media.

10 In sr- and sf-medium, the known formation of poorly soluble Ln salts with phosphate,
11 carbonate (both contained in DMEM), and hydroxide ions most probably is the cause for
12 Ln precipitation. Using ICP-MS, we analyzed settled deposits of 10^{-3} M Ce and Eu in sr-
13 and sf-medium, respectively, and found an elemental ratio for Ln : P of $\sim 1 : 1$ and for
14 Ln : Ca of $1 : 0.2$ in both cell culture media (see ESI, Table S2). This fits to the literature
15 value of a settled and re-dissolved Eu precipitate from DMEM (Sachs et al., 2015). Hence,
16 LnPO_4 seems to dominate the precipitated speciation. It is questionable whether precipi-
17 tated Ln are bioavailable for the cells. The content of total organic (TOC) and inorganic
18 carbon (TIC) of the deposits were also analyzed (see ESI, Table S2). Interestingly, TIC
19 values are quite similar for each Ln in both sr- and sf-medium. Moreover, it is quite iden-
20 tical to the TIC of Ce and Eu deposits from DMEM alone (data not shown). In contrast,
21 the TOC is almost three times higher in sr-medium than in sf-medium. The TOC values of
22 the deposits from sf-medium are quite similar to those of deposits from DMEM alone
23 (data not shown). This points, on the one hand, to different Ln deposits in sr- and sf-
24 medium, respectively, confirming the observation that both precipitations have a differ-

1 ent appearance. On the other hand, this also indicates that, in sr-medium, in addition to
2 phosphate, some component(s) of FBS might be involved in Ln precipitation.

3 In summary, our solubility data demonstrate that FBS is the key factor determining Ln
4 solubility in cell culture media. Due to binding to (a) component(s) from FBS, most
5 probably (a) protein(s), Ln are kept in solution. In contrast, without any FBS, Ln solubili-
6 ty is very low and Ln precipitate, most probably as phosphate species.

7 *Ln impact onto NRK-52E cells in serum-reduced cell culture medium*

8 The cell viability of NRK-52E cells in sr-medium was measured after exposure to La, Ce,
9 Eu, and Yb for 24 and 48 h, respectively. Resulting dose-response curves are depicted in
10 the ESI, Figure S1 and show a concentration-dependent effect for all Ln. All parameters
11 are summarized in Table 2.

12 Prior to XTT measurements, the exposed cells were surveyed using a light microscope.
13 In all wells with Ln concentrations $\geq 4 \cdot 10^{-4}$ M, precipitation was observed and masked
14 the cells. For illustration, one picture of NRK-52E cells overlaid by Ln precipitation is
15 given in the ESI, Figure S3. Along with this precipitation, we also observed increased
16 values of the cell density measurement at 690 nm. Both observations correlate to the
17 low solubility and precipitation of Ln in sr-medium.

18 After 24 h exposure, the cell viability is unaffected up to 10^{-5} M for all four elements.
19 Higher Ln concentrations result in a gradual loss of cell viability. In the case of La and Yb,
20 all alterations in cell viability were non-significant. The cell viability after exposure to
21 10^{-3} M Ln varies between 23.6 ± 7.0 % (Ce) and 73.9 ± 6.5 % (La). In the case of La, no
22 EC_{50} value could be derived, since the fit of the dose-response curve failed. The EC_{50} val-
23 ues for the other Ln vary between $(1.8 \pm 0.4) \cdot 10^{-4}$ M (Ce) and $(1.1 \pm 0.2) \cdot 10^{-3}$ M (Eu).

1 After exposure for 48 h, dose-response-curves of all four Ln show an earlier onset of cell
2 viability reduction. At 10^{-3} M Ln, the cell viability varies between 6.9 ± 1.8 % (Ce) and
3 31.7 ± 2.5 % (Eu). For all four Ln, EC_{50} values in the range of $(1.4 \pm 0.3) \cdot 10^{-5}$ M (Ce) and
4 $(8.0 \pm 2.2) \cdot 10^{-4}$ M (Eu) were derived.

5 Since, except for Ce, no significant impact of Ln onto the viability of NRK-52E cells was
6 observed after 24 h exposure, no short-time experiments were conducted in sr-medium.

7 Comparison of the cell viability at 10^{-3} M Ln in sr-medium with respect to the exposure
8 times is depicted in the ESI, Figure S1C and dose-response curves of one respective Ln in
9 dependence on the exposure time are given in the ESI, Figure S4A. Obviously, for each
10 Ln, the cell viability at 10^{-3} M Ln is lower after 48 than after 24 h exposure. Hence, the
11 impact of all four Ln onto NRK-52E cells seems to increase with prolonged exposure
12 time. This is in accordance with the trend previously reported for st-medium (Heller et
13 al., 2019) and also correlates to results from literature. (Dominguez et al., 2002) report
14 the same time-dependence for the effect of Pb onto human fibroblasts in cell culture
15 media with only 2 % FBS and (Carriere et al., 2004; Carriere et al., 2006) for the effect of
16 U onto NRK-52E cells in sf-medium.

17 Comparison within the Ln yields the following toxicity gradient: Ce > La ~ Yb ~ Eu. In-
18 dependent from the exposure time, Ce is the most effective element by far.

19 Serum-free experiments were not performed, since the NRK-52E cells were not able to
20 cope with these conditions. After changing to sf-medium in the cell culture flask 24 h
21 prior to seeding into 96-well plates, the cells started to die. Hence, negative controls did
22 not grow properly, rendering the experiments unreliable.

23

1 *Influence of FBS content on Ln cytotoxicity*

2 The viability results of rat NRK-52E cells after exposure to Ln for 24 and 48 h in st- and
 3 sr-medium are compared with regard to the dose-response curves as well as to the cell
 4 viability at the highest Ln concentration. All data are summarized in Table 2 and Figure
 5 2. Data in st-medium were taken from (Heller et al., 2019).

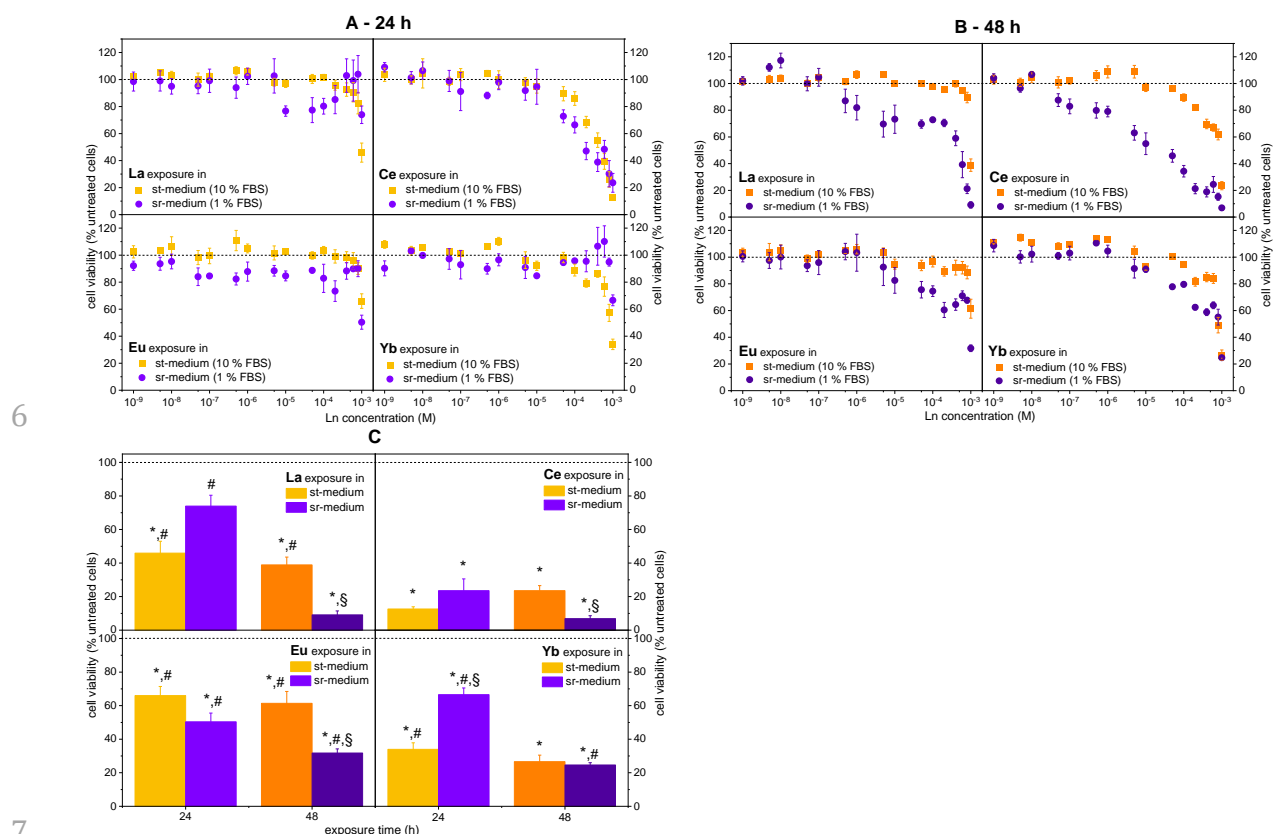


Figure 2: Comparative dose-response curves after Ln exposure of rat NRK-52E cells for 24 (A) and 48 h (B) in cell culture media of different FBS content as well as comparative cell viability \pm SEM of rat NRK-52E cells after exposure to 1 mM Ln at the two exposure times (C; * = significant against untreated cells, # = significant against Ce, the most effective element, § = significant against standard cell culture medium). Values represent means of three to six independent experiments. Untreated cells equal 100 % cell viability (dotted lines). Significances are calculated with $p < 0.05$.

14 In general, after 24 h exposure, dose-response curves of one element show an analog
 15 trend in both cell culture media with cell viabilities being unaffected up to Ln concentra-
 16 tions of at least $5 \cdot 10^{-6}$ M and subsequent loss of cell viability at higher Ln concentra-
 17 tions (Figure 2A). In the case of Ce, dose-response curves are actually quite identical,
 18 whereas more or less significant differences can be seen for La, Eu, and Yb. Consequent-

ly, in both cell culture media the cell viability at the highest Ln concentration is very similar for Ce but differs for the other three Ln. Furthermore, independent from the FBS content, Ce exhibits a stronger effect onto NRK-52E cells than the other three Ln.

Table 2: Comparison of parameters derived from dose-response curves after Ln exposure of rat NRK-52E cells in cell culture media of different FBS content

metal	medium ^a	24 h exposure		48 h exposure	
		cell viability at 10 ⁻³ M (%) ^b	EC ₅₀ value (μM) ^c	cell viability at 10 ⁻³ M (%) ^b	EC ₅₀ value (μM) ^c
La	st ^d	46 ± 7	930 ± 25	39 ± 5	951 ± 10
	sr	74 ± 7	n. c. ^e	9 ± 2	304 ± 36
Ce	st ^d	13 ± 1	340 ± 29	24 ± 3	619 ± 25
	sr	24 ± 7	181 ± 37	7 ± 2	14 ± 3
Eu	st ^d	66 ± 5	1100 ± 39	61 ± 7	1070 ± 39
	sr	50 ± 5	1000 ± 170	32 ± 3	795 ± 220
Yb	st ^d	34 ± 4	790 ± 28	27 ± 4	779 ± 18
	sr	67 ± 4	1060 ± 85	25 ± 1	468 ± 44
Zn ^e	st ^d	3 ± 1	n. d. ^f	3 ± 2	n. d. ^f
	sr	0 ± 3	n. d. ^f	1 ± 1	n. d. ^f

^a ... st = standard medium (10 % FBS), sr = serum-reduced medium (1 % FBS)

^b ... values represent means ± SEM of three to eight independent experiments

^c ... values ± SEM derived from fitting of respective dose-response curves

^d ... (Heller et al., 2019)

^e ... positive control

^f ... n. d. = not determined

After 48 h exposure, dose-response curves of one element show an analog trend in both cell culture media (Figure 2B) but the impact onto NRK-52E cells is larger in sr-medium. This is especially evident for Ce, with the EC₅₀ value in sr-medium being one magnitude lower than in st-medium. Again, in all cases, the lowest cell viabilities of NRK-52E cells were measured after exposure to Ce.

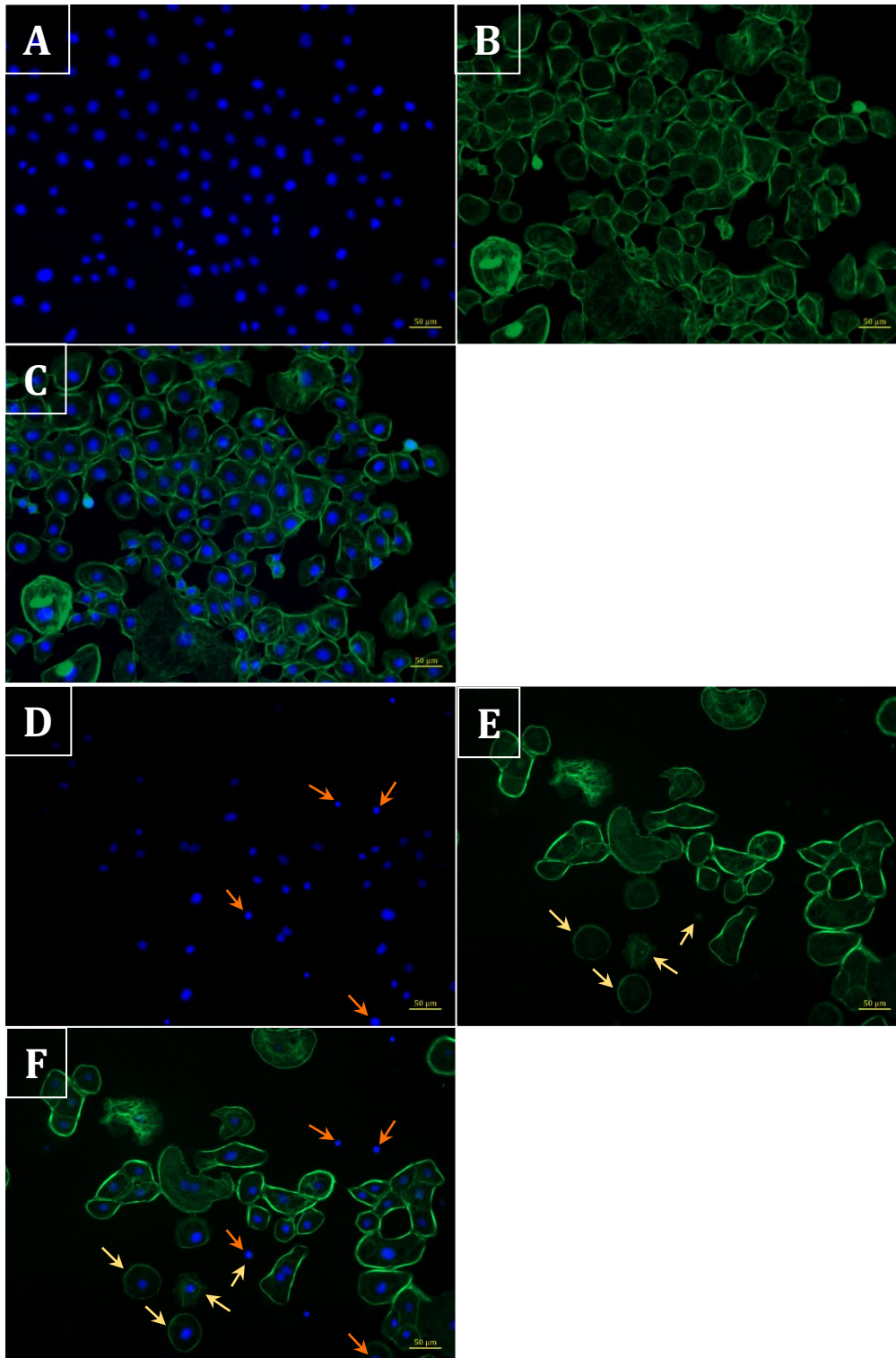
Comparison of both exposure times reveals that, in general, the effect of all Ln increases with prolonged exposure time in both cell culture media. Furthermore, obviously, the serum content of the medium plays a crucial role for the strength of Ln cytotoxicity. Reducing the FBS concentration from 10 to 1 % increases the cytotoxicity of all Ln after exposure for 48 h. This is especially evident for Ce. However, after 24 h exposure, dose-

1 response curves and EC₅₀ values in sr-medium are quite similar to those in st-medium
2 for all Ln.

3 The morphology of NRK-52E cells exposed to Ce in cell culture medium of different FBS
4 content was studied via fluorescence microscopy after selective staining of the nucleus
5 and the cytoskeleton. Reference pictures of untreated rat renal cells (negative control)
6 in sr-medium are given in Figure 3A - C. In general, no significant morphological differ-
7 ence between control cells in st- and sr-medium is obvious (see ESI, Figure S5). Solely,
8 the cell density might be a little bit lower in sr-medium. In both cell culture media, unex-
9 posed NRK-52E cells grow in a dense monolayer and exhibit a typical cobblestone shape
10 with cell diameters of approximately 20 – 220 µm (mostly 30 – 80 µm). The cells are
11 connected through close cell junctions and the cytochemical staining results in an in-
12 tense fluorescence of nucleus and cytoskeleton. Furthermore, it is obvious that the cyto-
13 skeleton is much greater than the nucleus. Exposure to 5 · 10⁻⁴ M Zn (positive control)
14 leads to cell death and shrunken cells in both st- and sr-medium (see ESI, Figure S6). The
15 cells look like small pinheads of approximately 10 – 20 µm diameter without any cell
16 junctions and the cytoskeleton fluorescence is hardly obtained. Moreover, the cytoskele-
17 ton is nearly the size of the nucleus.

18 Fluorescence microscopic pictures of NRK-52E cells exposed to 10⁻³ M Ce for 48 h are
19 depicted in Figure 3D – F. Again, observations are similar for both cell culture media.
20 Hence, only pictures for sr-medium are presented. As can be clearly seen, part of the
21 cells still exhibits the typical cobblestone shape of the untreated cells and forms a mono-
22 layer with quite close cell junctions. However, a significant part of the cells is shrunken
23 and rounded, adopting a pinhead shape with cell diameters of approximately 15 –
24 40 µm. Cell junctions are loose or lost. The cytoskeleton is shrunken and significantly
25 smaller than that of unexposed cells. Furthermore, the fluorescence intensity of the

- 1 Phalloidin staining is very low (yellow arrow). Partially, also nucleus condensation re-
- 2 sulting in an enhanced intensity of the DAPI staining is observed (orange arrow).



4
5 Figure 3: Fluorescence microscopic images of unexposed rat NRK-52E cells (A – C) and cells exposed to 10^{-3} M Ce for
6 48 h (D – F) both in sr-medium: (A, D) nucleus staining with DAPI, (B, E) cytoskeleton staining with Phalloidin, and (C,
7 F) overlay of both stainings. The arrows indicate condensation of the nucleus (orange) as well as shrinking and/or
8 loss of the cytoskeleton (yellow), respectively, upon Ce exposure. The bar represents 50 µm.

1 Comparing amplified fluorescence microscopic pictures of both untreated and Ce ex-
2 posed cells illustrates the altered morphology (see ESI, Figure S7). In untreated cells, the
3 fine structure of the cytoskeleton, i. e. a network of actin filaments and the cell mem-
4 brane, are clearly visible. In contrast, within the cytoskeleton of Ce-exposed cells, holes
5 can be observed. Actin filaments are not visible at all and, partially, also the cell mem-
6 brane is not visible. In cases, where the cell membrane is still intact, the cytoskeleton is
7 significantly shrunken. All these observations indicate cell death upon Ce exposure.

8 In summary, our cell culture results demonstrate that the strength of Ln cytotoxicity
9 depends on the Ln concentration, the exposure time, and the FBS content of the medium.
10 A lower FBS content strengthens the effect of Ln onto the viability of NRK-52E cells, at
11 least after 48 h exposure. This is in accordance with the work of (Dominguez et al., 2002;
12 Haase et al., 2015). After 24 h exposure, however, FBS has no significant effect on Ln cy-
13 totoxicity. Finally, for risk assessment derived from cell culture studies, it should be kept
14 in mind, that proteins are ubiquitous in body fluids and that a serum content of 10 %
15 FBS in cell culture medium equals about only 10 % of the physiological protein content
16 *in vivo* (Haase et al., 2015).

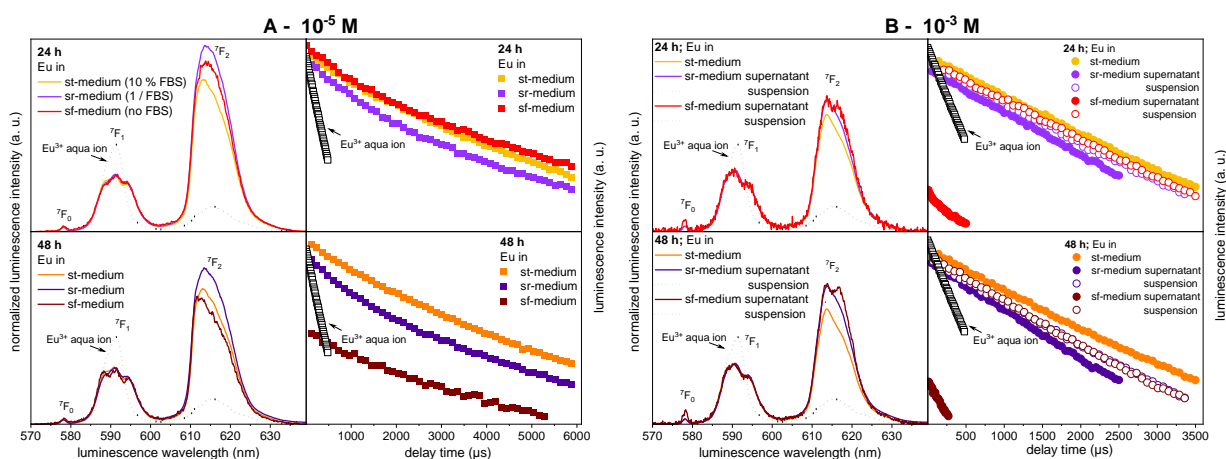
17 *Influence of FBS content on Ln speciation in cell culture medium*

18 To get information about the Ln speciation, TRLFS studies in st-, sr-, and sf-medium
19 were performed. Due to its striking luminescence properties, Eu was used in concentra-
20 tions of 10^{-5} and 10^{-3} M, respectively, and steady-state as well as time-resolved lumines-
21 cence spectra were recorded. To check, if the speciation changes within the time frame
22 of the cell culture experiments, the samples were incubated for 24 and 48 h, respective-
23 ly, in each medium prior to TRLFS. Results are depicted in the ESI, Figures S8 and S9. All
24 spectral parameters are given in the ESI, Table S3.

1 Briefly, the following significant differences occur in comparison to the uncomplexed
 2 Eu^{3+} aqua ion: i) a small ${}^7\text{F}_0$ peak, ii) a splitting and great enhancement of the ${}^7\text{F}_2$ peak
 3 resulting in an inversed $R_{E/M}$, and iii) (very) long luminescence lifetimes. Both mono and
 4 biexponential luminescence decay occur in dependence on the cell culture medium and
 5 the Eu concentration.

6 In general, at constant Eu concentration, steady-state spectra and luminescence decay
 7 curves in one respective cell culture medium are very similar after incubation for 24 and
 8 48 h, respectively. Hence, the Eu speciation in each medium remains unaltered within
 9 this time frame. This proves that the effects observed in the cell culture experiments are
 10 real time effects and not caused by a different Ln speciation.

11 Figure 4 depicts the steady-state spectra and luminescence decay curves in dependence
 12 on the FBS content of the cell culture medium.



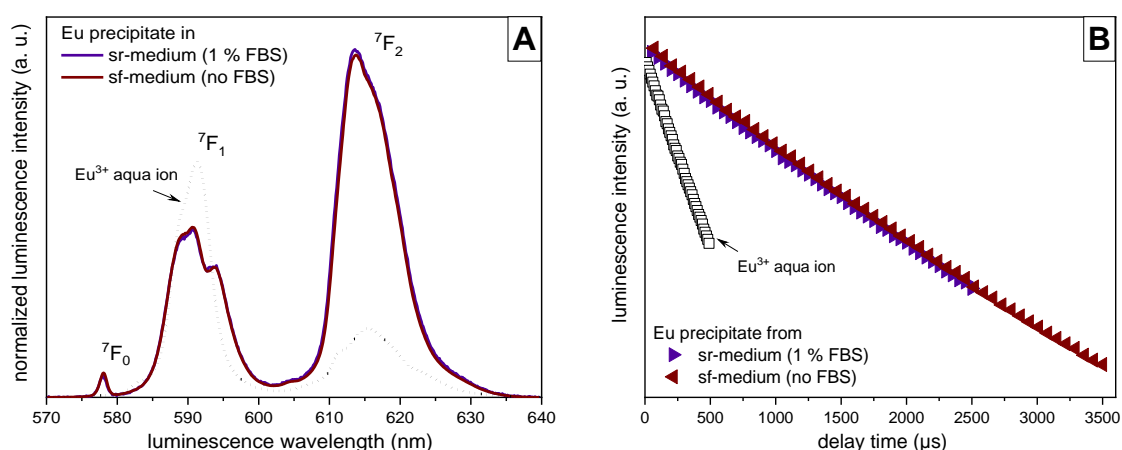
13 Figure 4: Comparative steady-state spectra and luminescence decay curves derived from time-resolved spectra of
 14 10^{-5} M (A) and 10^{-3} M Eu (B) in cell culture media of different FBS content. Data of the Eu^{3+} aqua ion are given for
 15 comparison; luminescence bands are labeled with the respective ground state of the emission transitions. The lumi-
 16 nescence spectra are scaled to the same height.

17 For 10^{-5} M Eu, spectra are very similar in all three cell culture media after incubation for
 18 24 and 48 h, respectively (Figure 4A). Furthermore, also the spectral parameters are
 19

1 very similar. The results indicate two coexisting Eu species with one to two and none
2 water molecule(s) left in the inner sphere of the Eu^{3+} ion, respectively.

3 Raw data of the steady-state spectra (see ESI, Figure S10A) demonstrate that, at
4 10^{-5} M Eu, the luminescence intensity of Eu is highest in st-medium. In sr-medium, the
5 luminescence intensity is about two third (24 h incubation time) or half (48 h incubation
6 time) the maximum height and in sf-medium it is even one magnitude lower than in st-
7 medium. This correlates to the solubility results and indicates that not all Eu is dissolved
8 in those two cell culture media with the fraction of precipitated Eu being larger in sf-
9 than in sr-medium. Since no precipitates were visible after centrifugation in both cell
10 culture media, this might be an indication for colloidal Eu species. This hypothesis has to
11 be proven by further investigations.

12 Using 10^{-3} M Eu, visible precipitation occurs in sr- and sf-medium. Hence, TRLFS spectra
13 were recorded, on the one hand, in the supernatant after settlement of the precipitate
14 and, on the other hand, in the stirred suspensions (Figure 4B). Additionally, the precipi-
15 tated deposits were also measured (Figure 5 and ESI, Table S3). At constant incubation
16 time, spectra and decay curves in st-medium, supernatant and suspension of sr-medium
17 as well as the suspension of sf-medium are quite similar. Steady-state spectra and lumi-
18 nescence decay curves of the precipitated Eu deposits equal those in the respective cell
19 culture medium suspension. The results indicate two coexisting Eu species with one and
20 two water molecule(s) left in the inner sphere of the Eu^{3+} ion, respectively, in st-medium
21 as well as one dominant Eu species with one to two water molecules in the coordination
22 sphere in sr-medium and the suspension of sf-medium. In contrast, steady-spectra in the
23 supernatant of the sf-medium are very different and the luminescence decay is signifi-
24 cantly shorter. This indicates one dominant Eu species with six to seven water molecules
25 left in the inner sphere of the Eu^{3+} ion.



1
2 Figure 5: Steady-state luminescence spectra (A) and decay curves derived from time-resolved spectra (B) of precipi-
3 tated deposits from sr- and sf-medium with 10^{-3} M Eu after 48 h incubation. Data of the Eu^{3+} aqua ion are given for
4 comparison; luminescence bands are labeled with the respective ground state of the emission transitions. The lumi-
5 nescence spectra and decay curves, respectively, are scaled to the same height.

6 Raw data of the steady-state spectra (see ESI, Figure S10B) demonstrate that, at 10^{-3} M
7 Eu, luminescence is highest in st-medium followed by sr-medium and lowest in sf-
8 medium with the intensity being even two magnitudes lower. This reflects the solubility
9 results and indicates that, in sf-medium, Eu is mostly precipitated and the Eu fraction
10 remaining in solution is very small. In turn, in sr-medium, a larger Eu fraction is still in
11 solution. With regard to the steady-state spectra and decay curves of the deposits from
12 both cell culture media being nearly identical, it is reasonable to assume that the depos-
13 its precipitating from sr- and sf-medium contain the same dominant Eu species. Since sf-
14 medium is without any FBS, this excludes proteins as ligands and points to inorganic
15 anions, most probably phosphate and/or carbonate which are known to form hardly
16 soluble Eu complexes. Again, this fits to the solubility results and elemental analysis data
17 of the precipitated deposits which yielded an elemental ratio of Ln : P = 1 : 1. However,
18 since luminescence curves of the deposit decay in a biexponential manner, this indicates
19 a second Eu species within the deposits. With regard to the higher TOC in Ln deposits
20 from sr-medium than from sf-medium (see ESI, Table S2), this might indicate that the
21 minor Eu species in deposits from sr-medium contain (a) protein(s) from FBS, whereas

1 the minor Eu species in deposits from sf-medium has to be a protein-free species. This
2 has to be further proven.

3 The remaining dissolved Eu fraction in sf-medium also has to be a protein-free species.
4 Its short lifetime equaling six to seven water molecules still left in the first hydration
5 shell of the Eu^{3+} ion indicates a complex with a small ligand. Hence, we assume a soluble
6 Eu species most probably with an inorganic anion or with an organic low molecular
7 weight ligand from DMEM (e. g. phosphate, carbonate, sulfate, nitrate, amino acids, or
8 glucose).

9 Steady-state spectra of Eu in st-medium and sr-medium supernatant are also quite iden-
10 tical indicating the formation of the same Eu species. With regard to literature (Chen et
11 al., 2001; Duffield et al., 1994; Palizban et al., 2010; Taylor, 1998) and previous investi-
12 gations (Heller et al., 2019; Sachs et al., 2015), we suppose the formation of two soluble
13 Eu complex species with proteins from FBS. Since proteins are big biomolecules replac-
14 ing the majority or even all water molecules in the inner sphere of the Eu^{3+} ion upon
15 complexation, this would account for the very long luminescence lifetimes. Furthermore,
16 protein ligands geometrically distort the ligand sphere of the Eu^{3+} resulting in the ob-
17 servation of the forbidden ${}^7\text{F}_0$ peak as well as the great enhancement of the hypersensi-
18 tive ${}^7\text{F}_2$ band. However, the actual nature of this/these species is yet unknown and has to
19 be identified by ongoing, systematic TRLFS investigations using reference solutions of
20 different composition and with transferrin as well as albumin as most promising candi-
21 dates.

22 In summary, our TRLFS studies demonstrate that Ln speciation in one respective cell
23 culture medium does not change within the time frame of 48h. Furthermore, TRLFS re-
24 sults correlate very well to those from Ln solubility studies. We suppose two soluble and

1 long-lived Eu species with proteins from FBS (Eu species 1 and 2) to be formed in st-
2 medium. At least one of these species is also formed in sr-medium and remains in the
3 supernatant after centrifugation. Furthermore, in sr-medium, a second, hardly soluble
4 Eu species with inorganic anions from DMEM, most probably phosphate, (Eu species 3)
5 is formed. The latter species also dominates the Eu speciation in sf-medium and the re-
6 maining Eu fraction in solution most probably is a soluble Eu species with an inorganic
7 anion or an organic low molecular weight ligand from DMEM (Eu species 4). Hence, the
8 FBS content has an influence not only on the solubility but also on the speciation of Eu in
9 the cell culture medium. Once FBS is present, protein complexation dominates the Eu
10 speciation and mediates its solubility in cell culture medium. Therefore, in the case of st-
11 and sr-medium, we assume the same Eu species to dominate, whereas in sf-medium an-
12 other Eu species clearly dominates. With regard to the cell culture experiments, this
13 could explain why the effect of Ln onto NRK-52E is very similar in st- and sr-medium
14 after exposure for 24 h. The stronger effect of Ln in sr- than in st-medium after 48 h ex-
15 posure might be an indication that the amount of precipitated Eu is larger than after
16 24 h exposure.

17 *Thermodynamic modeling of the Ln speciation in cell culture medium in dependence on the*
18 *FBS content*

19 To assist interpretation of the TRLFS data and to investigate the theoretical alterations
20 of the Ln speciation in dependence on the FBS content, Eu speciation in sr- and sf-
21 medium was predicted by thermodynamic modeling and compared to that reported for
22 st-medium (Heller et al., 2019).

23 The predicted Eu speciation in sf-medium at both concentrations used for TRLFS is de-
24 picted in the ESI, Figure S11. At both 10^{-5} and 10^{-3} M Eu, in the experimental pH-range of

1 7.6 ± 0.2 , the speciation is dominated by soluble carbonate and phosphate complexes
2 with the negatively charged dicarbonato complex being the biggest fraction by far
3 ($> 70\%$). Complexes with organic constituents are negligible. Strikingly, an identical Eu
4 speciation is predicted in sr- and st-medium despite the serum content of 1 and 10 %
5 FBS, respectively (data not shown). Only for 10^{-5} M Eu in st-medium, a very small frac-
6 tion of Eu is calculated to exist as transferrin complexes at $\text{pH} < 7.1$ (Heller et al., 2019).

7 In summary, according to thermodynamic modeling, Eu speciation in st-, sr-, and sf-
8 medium should be identical. Consequently, in st-, sr-, and sf-medium, also the TRLFS
9 spectra and luminescence lifetimes should be identical. However, our TRLFS data
10 demonstrate that this is not the case. Hence, it can be concluded that, currently, thermo-
11 dynamic modeling cannot predict the effect of FBS on the Eu speciation in cell culture
12 medium properly.

13 **3.2. The influence of citrate on the solubility, cytotoxicity, and speciation of Ln**

14 *Ln solubility*

15 The solubility of Ce, Eu, and Yb in cell culture media with and without citrate addition
16 was determined after incubation for 24 and 48 h using ICP-MS after sterile filtration of
17 the solutions. Resulting solubility curves are depicted in Figure 6.

18 All three Ln are completely soluble up to 10^{-3} M in both cell culture media. Furthermore,
19 the solubility curves of each Ln reveal no difference between the two incubation times in
20 one respective medium. Hence, Ln solubility seems to be independent from time within
21 our experiments. Moreover, solubility of all three elements is quite identical in one re-
22 spective medium. Therefore, the chemical behavior of all Ln can be considered as com-
23 parable and, hence, it is reasonable to assume that results for La would be similar.

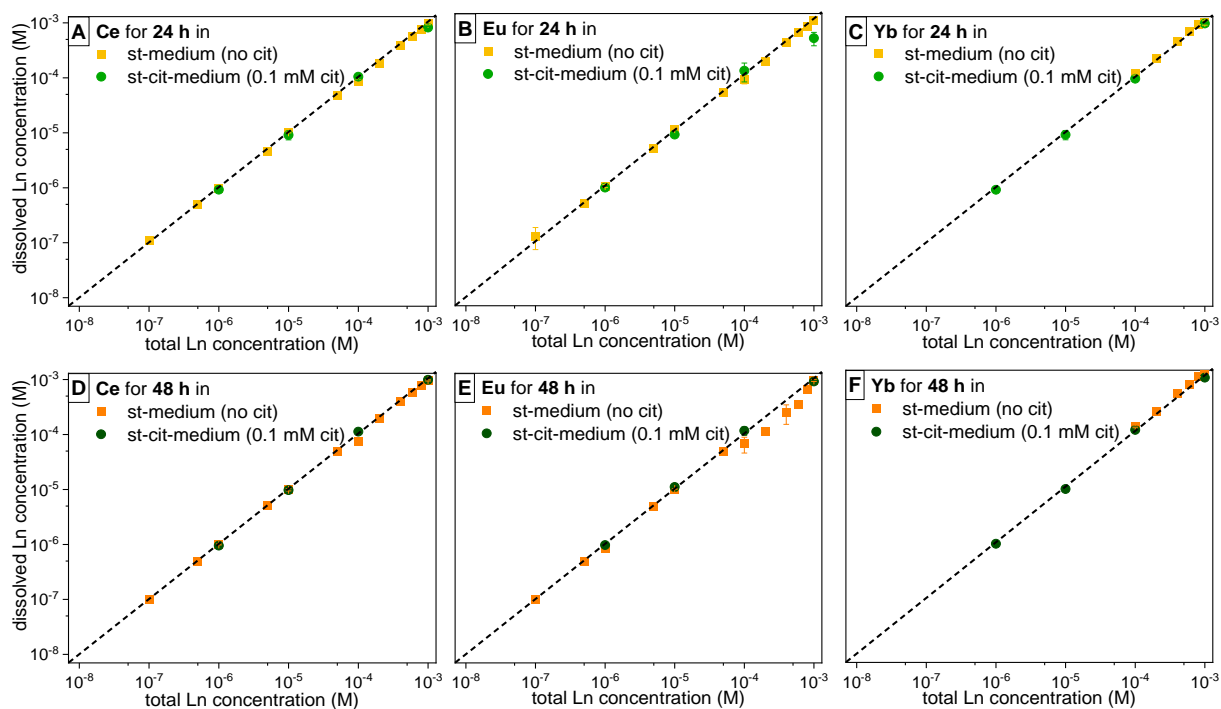


Figure 6: Solubility of Ce (A, D), Eu (B, E), and Yb (C, F) in standard cell culture media with and without citrate after incubation for 24 (A – C) and 48 h (D – F) as determined by ICP-MS. The dotted lines equal 100 % solubility. Values represent means \pm SD of two to three independent experiments. Data for st-medium were taken from (Heller et al., 2019).

Comparison between both cell culture media reveals that the addition of citrate does not alter the solubility. This is in accordance with previous investigations on Eu (Sachs et al., 2015) as well as U (Carriere et al., 2006) and might be due to the fact that in both cell culture media the Ln are most probably complexed by serum proteins (Dominguez et al., 2002; Haase et al., 2015; Heller et al., 2019; Sachs et al., 2015; Sargazi et al., 2013). Citrate complexation is unlikely to be able to compete with this. Nevertheless, it is reasonable to assume that citrate complexation might compete with the formation of poorly soluble Ln salts with inorganic anions to a certain extent. This was demonstrated for Eu in sf-medium with and without citrate addition (Sachs et al., 2015). Hence, the potential of citrate to re-dissolve Ln in sr-medium should be further investigated in more detail.

1 *Ln impact onto NRK-52E cells in citrate-containing cell culture medium*

2 The cell viability of NRK-52E cells under citrate conditions was measured after exposure
3 to La, Ce, Eu, and Yb for 8, 24 and 48 h, respectively. Resulting dose-response curves are
4 depicted in the ESI, Figure S2 and show a concentration-dependent effect for all Ln. All
5 parameters are summarized in Table 3.

6 To check whether citrate has any significant effect on the cell growth, a second negative
7 control with untreated cells in st-medium without any citrate addition was included in
8 each experiment. The cell viability of this control was measured to be $99 \pm 5 \%$, 90
9 $\pm 3 \%$, and $94 \pm 2 \%$ after incubation for 8, 24, and 48 h compared to each $100 \pm 12 \%$ for
10 the respective negative control in st-cit-medium. Hence, within 8 – 48 h, citrate addition
11 in the culture medium has no significant effect on the growth of NRK-52E cells.

12 After 24 h exposure, the cell viability is unaffected up to $5 \cdot 10^{-6}$ M for all four elements.
13 Higher Ln concentrations result in a gradual loss of cell viability. The cell viability after
14 exposure to 10^{-3} M Ln varies between $20.8 \pm 4.0 \%$ (Ce) and $42.6 \pm 2.0 \%$ (Yb). From
15 dose-response curves, EC_{50} values between $(2.6 \pm 0.6) \cdot 10^{-4}$ M (Ce) and $(7.3 \pm 0.8) \cdot 10^{-4}$
16 M (Yb) were calculated.

17 After exposure for 48 h, dose-response curves of all four Ln show a very similar progres-
18 sion. At 10^{-3} M Ln, the cell viabilities are quite comparable and lie in the range of
19 $16.6 \pm 4.0 \%$ (Ce) and $24.6 \pm 4.3 \%$ (Eu). EC_{50} values range from $(6.8 \pm 0.3) \cdot 10^{-4}$ M (Ce)
20 to $(8.5 \pm 0.3) \cdot 10^{-4}$ M (Eu).

21 Due to significant effects of all Ln after 24 h exposure, we also investigated short-time
22 exposure for 8 h. As seen after 24 and 48 h, the Ln effect is concentration-dependent.
23 Cell viability at 10^{-3} M Ln varies between $36.4 \pm 3.7\%$ (Ce) and $88.7 \pm 10.7 \%$ (La). EC_{50}

1 values range from $(1.1 \pm 0.3) \cdot 10^{-4}$ M (Ce) to $(6.4 \pm 1.6) \cdot 10^{-3}$ M (Eu). Strikingly, at Ln
2 concentrations $< 10^{-5}$ M, the measured cell viability is > 100 %. This is especially evident
3 for Ce and Yb. La and Eu show the same trend but to a lesser extent.

4 Comparison of the results in st-cit-medium with respect to the exposure time is depicted
5 in the ESI, Figure S4B. For each Ln, the viability of NRK-52E cells is significantly lower
6 after exposure for 24 and 48 h, respectively, than after short-time exposure for 8 h. No
7 significant difference was observed between exposure for 24 and 48 h. Hence, the im-
8 pact of all four Ln onto NRK-52E cells seems to increase with prolonged exposure time.
9 This correlates to the trend previously reported for st-medium (Heller et al., 2019) and
10 that observed in sr-medium (see section 3.1).

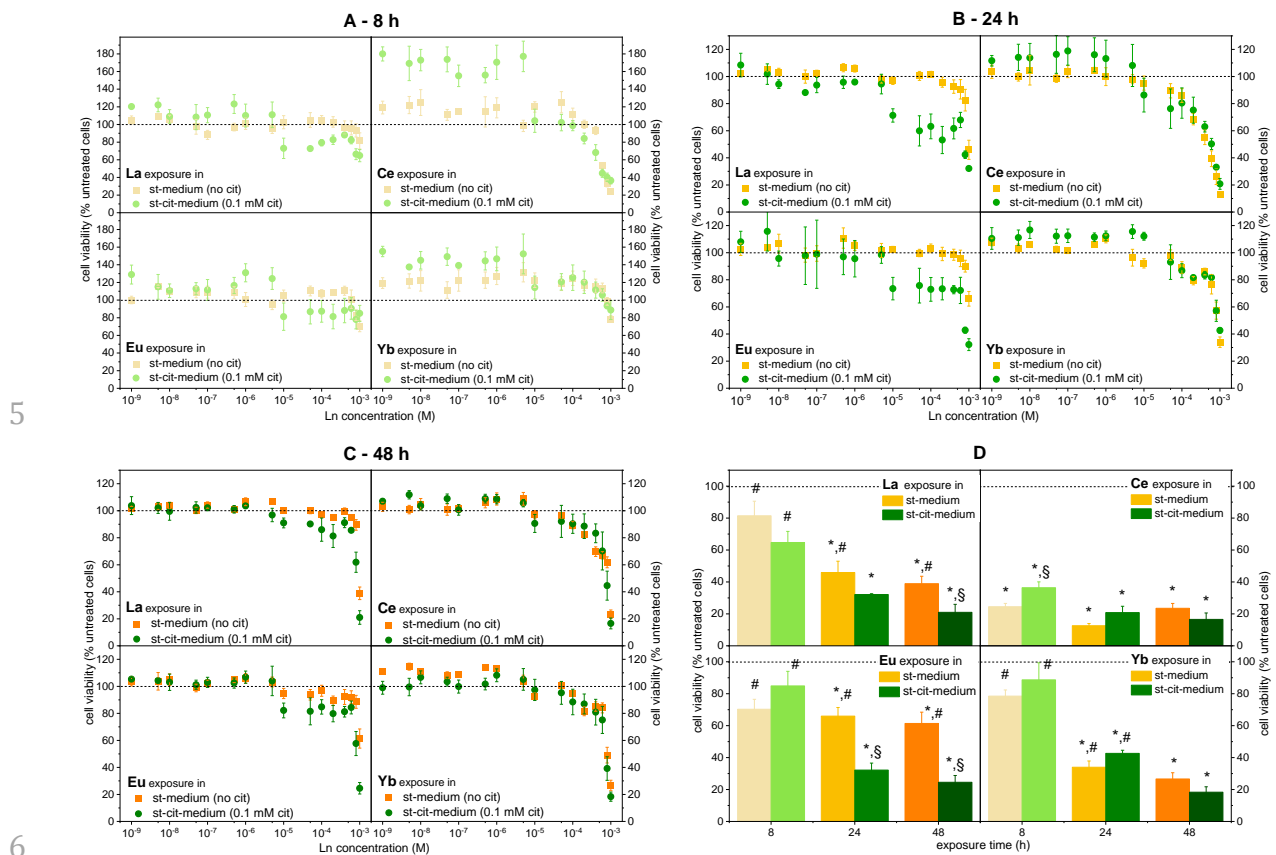
11 Comparison within the Ln yields the following toxicity gradient: Ce $>$ La \geq Yb \sim Eu. No-
12 tably, no significant difference can be determined between the effect of all four Ln after
13 exposure for 48 h. In contrast, after exposure for 8 and 24 h, Ce is the most effective el-
14 ement.

15 *Influence of citrate content on Ln cytotoxicity*

16 The viability results of rat NRK-52E cells after exposure to Ln for 24 and 48 h in st- and
17 st-cit-medium are compared with regard to the dose-response curves as well as to the
18 cell viability at the highest Ln concentration. All data are summarized in Figure 7 and
19 Table 3. Data in st-medium were taken from (Heller et al., 2019).

20 In general, after 24 h exposure, dose-response curves show an analog trend in both cell
21 culture media with cell viabilities being unaffected up to Ln concentrations of at least
22 $5 \cdot 10^{-6}$ M and subsequent loss of cell viability at higher Ln concentrations. In the case of
23 Ce and Yb, dose-response curves are actually quite identical, whereas more or less

1 stronger effects in st-cit-medium can be seen for La and Eu. Consequently, the cell viabil-
 2 ity at the highest Ln concentration is very similar in both cell culture media for Ce and
 3 Yb, whereas it is lower in st-cit-medium for La and Eu. Nevertheless, independent from
 4 citrate addition, Ce exhibits a stronger effect onto NRK-52E cells than the other three Ln.



7 Figure 7: Comparative dose-response curves after Ln exposure of rat NRK-52E cells for 8 (A), 24 (B) and 48 h (C) in
 8 standard cell culture medium with and without citrate as well as comparative cell viability ± SEM of rat NRK-52E cells
 9 after exposure to 1 mM Ln at the three exposure times (D; * = significant against untreated cells, # = significant against
 10 Ce, the most effective element, § = significant against standard cell culture medium). Values represent means of three
 11 to six independent experiments. Untreated cells equal 100 % cell viability (dotted lines). Significances are calculated
 12 with $p < 0.05$.

13 After 48 h exposure, dose-response curves of one respective Ln are nearly identical in st-
 14 and st-cit-medium. Moreover, the EC₅₀ values for one element are very similar and the
 15 cell viability at the highest Ln concentration is quite identical for Ce and Yb.

16

1 Table 3: Comparison of parameters derived from dose-response curves after Ln exposure of rat NRK-52E cells in cell
2 culture media with and without citrate

Ln	medium ^a	8 h exposure		24 h exposure		48 h exposure	
		cell viability at 10 ⁻³ M (%) ^b	EC ₅₀ value (μM) ^c	cell viability at 10 ⁻³ M (%) ^b	EC ₅₀ value (μM) ^c	cell viability at 10 ⁻³ M (%) ^b	EC ₅₀ value (μM) ^c
La	st ^d	81 ± 9	n. c. ^e	46 ± 7	930 ± 25	39 ± 5	951 ± 10
	st-cit	65 ± 7	592 ± 270	32 ± 1	349 ± 97	21 ± 5	828 ± 18
Ce	st ^d	25 ± 2	640 ± 32	13 ± 1	340 ± 29	24 ± 3	619 ± 25
	st-cit	36 ± 4	109 ± 29	21 ± 4	256 ± 64	17 ± 4	676 ± 33
Eu	st ^d	70 ± 6	n. c. ^e	66 ± 5	1100 ± 39	61 ± 7	1070 ± 39
	st-cit	85 ± 9	6350 ± 164	32 ± 4	612 ± 220	25 ± 4	849 ± 32
Yb	st ^d	79 ± 4	n. c. ^e	34 ± 4	790 ± 28	27 ± 4	779 ± 18
	st-cit	89 ± 11	5370 ± 440	43 ± 2	731 ± 84	18 ± 3	689 ± 28
Zn ^f	st ^d	3 ± 1	n. d. ^g	3 ± 1	n. d. ^g	3 ± 2	n. d. ^g
	st-cit	3 ± 6	n. d. ^g	0 ± 2	n. d. ^g	0 ± 1	n. d. ^g

3 ^a ... st = standard medium (10 % FBS without citrate), st-cit = citrate-containing st-medium (10 % FBS + 0.1 mM cit-
4 rate)

5 ^b ... values represent means ± SEM of three to eight independent experiments

6 ^c ... values ± SEM derived from fitting of respective dose-response curves

7 ^d ... (Heller et al., 2019)

8 ^e ... not able to calculate

9 ^f ... positive control

10 ^g ... not determined

11 In contrast, after 8 h exposure, significant differences between both cell culture media
12 were observed for Ce. At Ln concentrations < 10⁻⁵ M, the viability of NRK-52E cells is
13 significantly enhanced compared to the untreated control in st-cit-medium. The same
14 effect but to a lesser extent was observed for Yb. In st-medium, we also observed a
15 slightly enhanced cell viability after Ce and Yb exposure but that was not significant. For
16 La and Eu, dose-response curves were nearly identical in both cell culture media.
17 Obviously, the addition of 0.1 mM citrate to the cell culture medium affects the viability
18 of NRK-52E cells after Ln exposure during short-time exposure. Especially after 8 h
19 exposure to Ce, the cell viability is significantly enhanced for Ln concentrations < 10⁻⁵ M.
20 However, this positive effect was not observed after exposure for 24 and 48 h at all.
21 Instead, after 48 h exposure, dose-response curves and EC₅₀ values in st-cit-medium are
22 quite similar to those in st-medium for all Ln.

1 The morphology of unexposed NRK-52E cells is quite identical in st-cit, st-, and sr-
2 medium. Upon exposure with Ce the same morphological alterations like in sr-medium
3 occur, i. e. rounding and shrinking of cells, loss of cell junctions, shrinking and loss of
4 cytoskeleton resulting in decreased fluorescence intensity of the Phalloidin staining, and
5 shrinking and condensation of the nucleus resulting in increased fluorescence intensity
6 of the DAPI staining (see Figure 3).

7 In summary, our results demonstrate that the effect of Ln onto NRK-52E cells depends
8 on the Ln concentration, the exposure time, and the addition of citrate to the medium.
9 After short-time exposure of 8 h, 0.1 mM citrate addition results in significantly en-
10 hanced cell viability at Ln concentrations $\leq 5 \cdot 10^{-6}$ M, especially for Ce. In contrast, after
11 24 and 48 h citrate addition did not result in any significant differences in Ln cytotoxici-
12 ty onto NRK-52E cells. This is in good accordance with the results reported by (Sachs et
13 al., 2015).

14 *Influence of citrate on the Ln speciation in cell culture medium*

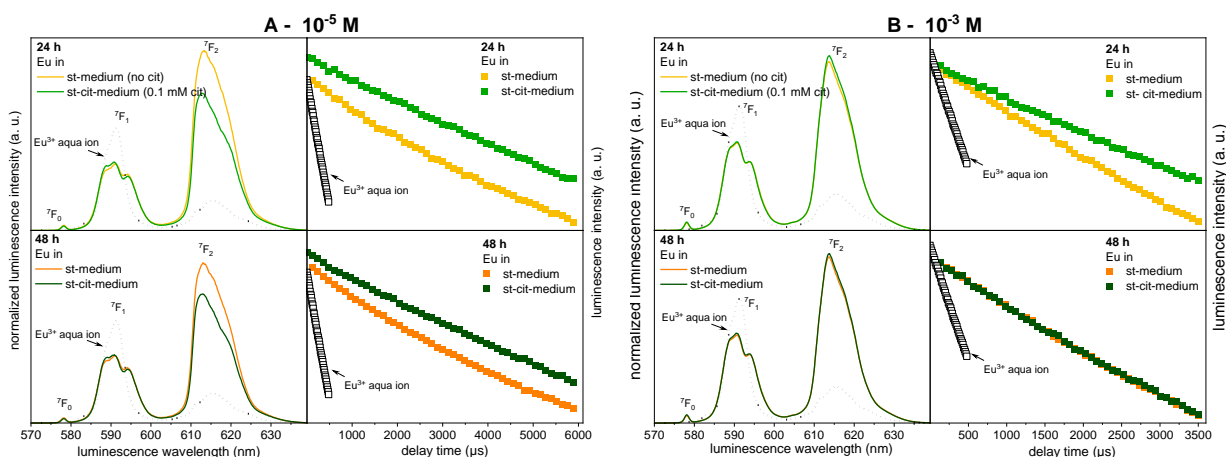
15 TRLFS studies with 10^{-5} M and 10^{-3} M Eu in st- and st-cit-medium, respectively, were
16 performed after incubation for 24 and 48 h, respectively. Results are depicted in the ESI,
17 Figures S8 and S9. All spectral parameters are given in the ESI, Table S3.

18 In general, the same spectral differences like in sr-medium are evident compared to the
19 uncomplexed Eu aqua ion. However, in contrast to sr-medium, the luminescence decay
20 mode was biexponential in st-cit-medium.

21 At constant Eu concentration, steady-state spectra and luminescence decay curves in
22 one respective cell culture medium are quite identical after incubation for 24 and 48 h,
23 respectively. Hence, the Eu speciation in both cell culture media remains unaltered with-

1 in this time frame. This proves that the effects observed in the cell culture experiments
 2 are real time effects and not caused by a different Ln speciation.

3 Figure 8 depicts the steady-state spectra and luminescence decay curves in dependence
 4 on citrate addition to the cell culture medium. At constant exposure time and Eu concen-
 5 tration, steady-state spectra and luminescence decay curves are very similar (10^{-5} M Eu)
 6 or even identical (10^{-3} M Eu) in st- and st-cit-medium, respectively. Hence, the spectral
 7 parameters derived from TRLFS studies are also very similar and the same species dom-
 8 inate the Eu speciation. TRLFS raw data show no significant difference between the lu-
 9 minescence intensity of Eu in both cell culture media (data not shown). This indicates
 10 complete solubility of Eu and fits to the solubility results.



11
 12 Figure 8: Comparative steady-state spectra and luminescence decay curves derived from time-resolved spectra of
 13 10^{-5} M (A) and 10^{-3} M Eu (B) in cell culture medium with and without citrate. Data of the Eu^{3+} aqua ion are given for
 14 comparison; luminescence bands are labeled with the respective ground state of the emission transitions. The lumi-
 15 nescence spectra and decay curves, respectively, are scaled to the same height.

16 Since, in st-medium, two Eu species with proteins are supposed to dominate (confer to
 17 section 3.1), we assume the same Eu complexes to form in st-cit-medium. However,
 18 since citrate is known to form stable complexes with trivalent Ln and An (Heller et al.,
 19 2011; Heller et al., 2012; Hubert et al., 1974; Itoh et al., 1985; Jackson and Dutoit, 1991;
 20 Kieboom et al., 1977), we cannot exclude the existence of a small fraction of Eu citrate

1 complexes which might be covered by the protein-bound Eu species in the TRLFS spec-
2 tra. To study this in more detail, further measurements on Eu in sr- and sf-medium with
3 citrate addition are already ongoing.

4 In summary, our TRLFS data demonstrate that Ln speciation in one respective cell cul-
5 ture medium does not change within the time frame of 48 h. Furthermore, TRLFS results
6 correlate very well to those from Ln solubility studies. We suppose the same two soluble
7 and long-lived Eu species with proteins from FBS (Eu species 1 and 2) to be formed in
8 st- and st-cit-medium. Hence, citrate addition has no significant influence on both the
9 solubility and the speciation of Eu in cell culture medium. With regard to the cell culture
10 experiments, this would explain why the effect of Ln onto NRK-52E is very similar in st-
11 and st-cit-medium after exposure for 24 and 48 h.

12 *Thermodynamic modelling of Ln speciation in cell culture medium with citrate addition*

13 The predicted Eu speciation in st-cit-medium at both concentrations used for TRLFS is
14 depicted in Figure S11. At both 10^{-5} M and 10^{-3} M Eu, in the experimental pH-range of
15 7.6 ± 0.2 , the speciation is dominated by soluble carbonate and phosphate complexes
16 with the negatively charged dicarbonato complex being the biggest fraction by far
17 (> 70 %). At both Eu concentrations, a fraction of 1 – 10 % is calculated to exist as citrate
18 complexes, i. e. the 1:1- and 1:2-complex, respectively, with the threefold negatively
19 charged citrate anion (HCit^{3-}). Complexes with other organic constituents are negligible.
20 Strikingly, no Eu complexes with transferrin are predicted to form. This is clearly con-
21 trary to the results from Ln solubility and TRLFS.

22 Out of the two citrate species, the neutral EuHCit is predicted to be the dominant species
23 and $\text{Eu}(\text{HCit})_2^{3-}$ the minor species. In aqueous solutions of 30 μM Eu + 1 mM citrate,
24 complexes with the citrate anion are reported to dominate the speciation in the same

1 pH-range (Heller et al., 2012). However, in aqueous solution, $\text{Eu}(\text{HCit})_2^{3-}$ and EuHCit
2 make up 90 and 10 % of the Eu fraction, respectively (Heller et al., 2012), whereas, in
3 the cell culture medium, EuHCit is the bigger fraction (Figure S10). This difference is
4 most probably due to matrix cations like calcium, magnesium, and iron concurring with
5 the Ln for citrate complexation. Additionally, the carbonate and phosphate concentra-
6 tions of DMEM exceeding that of citrate by one to two orders of magnitude (44 mM for
7 HCO_3^- and 1 mM for H_2PO_4^-) might also alter the equilibrium between the Eu citrate spe-
8 cies.

9 In summary, according to thermodynamic modeling, Eu speciation in st- and st-cit-
10 medium should differ significantly. Consequently, also the TRLFS spectra and lumines-
11 cence lifetimes should differ. However, our TRLFS data demonstrate that this is not the
12 case. Hence, it can be concluded that, currently, thermodynamic modeling cannot predict
13 the effect of citrate on the Eu speciation in cell culture medium properly.

14 **4. Discussion**

15 *Influence of FBS on Ln solubility, cytotoxicity, and speciation*

16 Results of our solubility studies prove that Ln solubility strongly depends on the serum
17 content of the cell culture medium and the Ln concentration whereas it seems to be in-
18 dependent from incubation time (up to 48 h) and the Ln element. In st-medium, all Ln
19 are completely soluble up to 10^{-3} M. Reducing the FBS content of the cell culture medium
20 results in significant decrease of Ln solubility and leads to precipitation of Ln deposits
21 with an elemental ratio of Ln : P $\sim 1 : 1$ at Ln concentrations above 10^{-4} M. Furthermore,
22 differences between sf- and sr-medium demonstrate a concentration-dependent effect
23 of FBS. We assume proteins from FBS to bind to the Ln, thus, keeping them in solution.

1 This might also facilitate Ln bioavailability. If the FBS concentration is too low to com-
2 plex all Ln, hardly soluble complexes with inorganic constituents from DMEM, most
3 probably phosphates, are formed and precipitate.

4 In general, our results are in very good accordance to literature data. (Filerman and
5 Berliner, 1980) reported that Pb is also less soluble in serum-free cell culture medium
6 and FBS acts to solubilize or suspend the heavy metal ions in cell culture media. The
7 same is reported for Eu (Sachs et al., 2015). The same authors also found a ratio of Ln : P
8 ~ 1 : 1 for Eu precipitates from DMEM, verifying our results.

9 Results of our cell culture experiments reveal that the cytotoxic effect of Ln onto rat re-
10 nal NRK-52E cells depends on Ln concentration, exposure time, and the FBS content of
11 the cell culture medium. In st-medium, Ln cytotoxicity seems to increase with prolonged
12 exposure time within 8 – 48 h (Heller et al., 2019). The same holds true for sr-medium
13 with reduced FBS content within the time frame of 24 – 48 h. However, reducing the FBS
14 content of the cell culture medium significantly strengthens the effect of Ln onto the via-
15 bility of NRK-52E cells, at least after exposure for 48 h. TRLFS results rule out different
16 Ln species to be responsible for this effect but give hints that the soluble fraction of Eu
17 might decrease with time and more Eu precipitates. This might be an indication that the
18 insoluble Eu species might be responsible for the stronger effect in sr-medium. This hy-
19 pothesis is further supported by our TRLFS results indicating the same Eu species with
20 protein(s) from FBS to dominate in st-medium and the supernatant of sr-medium.
21 Hence, if the soluble Ln species would be the effective one, the impact of Ln onto the cell
22 viability should be similar or even weaker in sr-medium. However, with our methods we
23 cannot determine whether a soluble or insoluble species provokes the effect of Ln onto
24 NRK-52E cells. This should be further investigated in detail.

1 In literature, diverging effects of FBS on the cytotoxicity of heavy metals are reported.
2 On the one hand, (Haase et al., 2015) demonstrated a so-called “cytoprotective effect” of
3 FBS within studies of Zn cytotoxicity onto four different mammalian cell lines (human
4 acute T-cell leukemia cell line Jurkat, murine macrophages RAW 264.7, murine microgli-
5 al cell line BV-2, and murine fibroblasts L929). The authors explain this by FBS
6 complexing Zn, thus maintaining a very low concentration of “free Zn”, i. e. exchangeable
7 Zn complexed by low molecular weight ligands. Hence, lowering the FBS content result-
8 ed in decreased EC_{50} values in cell culture medium with lower FBS content This effect
9 was confirmed for Ag, Cu, Pb, Cd, Hg, and Ni within the same study. Along with increased
10 cytotoxicity, an increased intracellular uptake of Zn (Haase et al., 2015). (Dominguez et
11 al., 2002) also found a protective effect of FBS for Pb exposed normal human dermal fi-
12 broblasts. In contrast, (Filerman and Berliner, 1980) report a higher cytotoxicity of Pb
13 onto an epitheliod cell line in cell culture medium with FBS than in serum-free one.

14 In literature, also data for U, Cd, Zn, and Cu cytotoxicity onto NRK-52E cells in sf-medium
15 are reported (Carriere et al., 2004; Carriere et al., 2006; Milgram et al., 2007; Thiebault
16 et al., 2007). It is questionable, whether the observed effects can be solely described to
17 the cytotoxicity of the heavy metals. In fact, we suppose that the absence of FBS plays an
18 essential role in the reported cytotoxic effects. Since FBS contains multiple vitamins and
19 growth factors essential for cells, reducing or removing the serum content of a cell cul-
20 ture medium leads to significant cellular stress. The cell metabolism adopts trying to
21 compensate the deficiency or lack of FBS. This may also lead to a different strength of
22 cellular response to heavy metal exposure. Hence, the reported literature values for
23 heavy metal toxicity in sf-medium should be handled with caution or not be taken into
24 account.

1 In general, our results are in very good accordance to literature data on the cytotoxicity
2 of Pb (Dominguez et al., 2002), Eu (Sachs et al., 2015), Zn and other divalent heavy metal
3 ions (Haase et al., 2015) in cell culture media of different FBS content reporting a protec-
4 tive effect of FBS.

5 *Influence of citrate on Ln solubility, cytotoxicity, and speciation*

6 Results of our solubility studies prove that citrate addition to the cell culture medium
7 does not alter the solubility of Ln, at least under standard conditions with 10 % FBS.
8 This is in good accordance with previous investigations on Eu (Sachs et al., 2015) as well
9 as U (Carriere et al., 2006) and might be due to the fact that in both cell culture media,
10 the metal ions are most probably complexed by serum protein(s) (Dominguez et al.,
11 2002; Haase et al., 2015; Heller et al., 2019; Sachs et al., 2015; Sargazi et al., 2013). How-
12 ever, literature data suggest that citrate might be able to partially prevent Ln precipita-
13 tion under serum-free conditions (Sachs et al., 2015). Hence, it would be of interest to
14 investigate the capability of citrate to re-solubilize Ln under serum-deficient conditions.

15 Results of our cell culture experiments in st-cit-medium reveal a remarkable enhance-
16 ment of the cell viability after short-time exposure for 8 h at Ln concentrations below
17 $5 \cdot 10^{-6}$ M. Hence, Ln exhibit both positive and negative effects on the viability of NRK-
18 52E cells at low and high concentrations, respectively. This is especially evident for Ce
19 and illustrates the biphasic trend of dose-response relationships of Ln leading to contro-
20 versial discussions in literature whether Ln have beneficial or detrimental effects onto
21 cells and living organisms (Gwenzi et al., 2018).

22 For short-time exposure of human foreskin fibroblasts (HFF) with Ce, an analog increase
23 in cell viability is reported whereas this effect was not observed when using murine
24 preosteoblastic (MC3T3-E1) cells (Schmidlin et al., 2012). For cardiac fibroblasts ex-

1 posed to Ce for 24 – 96 h a significant increase in cell viability is reported, too (Preeta
2 and Nair, 1999). Furthermore, this study indicated that Ce might enhance the prolifera-
3 tion rate by stimulation of superoxide anion generation. Unfortunately, the authors did
4 not state the chemical form in which Ce was applied.

5 An analog trend like in st-cit-medium was also observed for NRK-52E cells in st-medium
6 after exposure to Ce for 8 h but the effect was not so strong like in st-cit-medium (Heller
7 et al., 2019). Reasons for the enhanced cell viability at low Ln concentrations are still
8 unclear but might be an alteration of either the proliferation or the apoptosis/necrosis
9 of the NRK-52E cells by the Ln and/or citrate. This is subject of further investigations.

10 In contrast to short-time exposure, cell viabilities measured after Ln exposure for 24 and
11 48 h differ only slightly. This fits to solubility and TRLFS results indicating the same sol-
12 ible Eu species with protein(s) from FBS to be formed in both cell culture media. In
13 literature, diverging results are reported regarding the influence of citrate on heavy
14 metal cytotoxicity. On the one hand, one group (Carriere et al., 2008; Carriere et al.,
15 2006; Milgram et al., 2007) demonstrated that U is more cytotoxic to several mammalian
16 cell lines (NRK-52E, human fibroblast cell line MG-63 derived from bone osteosarcoma,
17 and rat osteoblast-like bone cell line ROS 17/2.8 originating from an osteosarcoma) and
18 that intracellular accumulation is higher when U is applied as citrate complex in
19 comparison to U bicarbonate. Furthermore, Zn is reported to be cytotoxic to pig kidney
20 LLC-PK1 cells only when applied in citrate buffer, whereas Zn in deionized water or PBS
21 has no significant effect (Sargazi et al., 2013). On the other hand, (Mirto et al., 1999)
22 report a lack of U cytotoxicity onto LLC-PK1 cells when administered as citrate complex
23 compared to the bicarbonate complex which exhibits cytotoxicity. Finally, we previously
24 reported on the cytotoxic effect of Eu onto FaDu cells but observed no significant
25 differences between cell culture medium with and without citrate (Sachs et al., 2015).

1 However, when citrate was added to sf-medium in a ratio of Ln : cit = 1 : 10, the cytotox-
2 ic effect of Eu was significantly weaker. Hence, it would be of great interest to further
3 study the effect of citrate on Ln cytotoxicity in serum-deficient medium.

4 *Exceptional strong effect of Ce*

5 Results of our cell culture studies demonstrate that the effect of Ln exposure onto NRK-
6 52E cells also depends on the respective Ln element. Concerning the toxicity gradient, a
7 clear trend was observed independent from exposure time and cell culture medium with
8 Ce being the only Ln significantly reducing the viability of NRK-52E cells in every single
9 experimental series. Depending on the cell culture medium and the exposure time, the
10 difference in effect size between Ce and the other three Ln varies and can be as large as
11 one magnitude. Interestingly, the remarkable enhancement of cell viability after Ln ex-
12 posure for 8 h in st-cit-medium was also only significant for Ce. Therefore, Ce is by far
13 the most interesting Ln element out of these four. Moreover, we even assume Ce to be
14 the most cytotoxic element within the whole Ln family which is in accordance with liter-
15 ature (Feyerabend et al., 2010; Hirano and Suzuki, 1996; Nakamura et al., 1997; Palmer
16 et al., 1987).

17 Available data on the effect of other heavy metals onto NRK-52E cells after 24 h expo-
18 sure is summarized in (Heller et al., 2019). Under serum-free conditions, the EC₅₀ values
19 for Cd, Zn, and Cu, the three most effective heavy metal elements, lie in the range of (0.4
20 – 2.6) · 10⁻⁴ M (Milgram et al., 2007). This is close to the EC₅₀ value of 1.8 · 10⁻⁴ M for Ce
21 under serum-reduced conditions determined in the present study. However, since data
22 of (Milgram et al., 2007) were obtained in cell culture medium without any FBS while in
23 our studies 1 % FBS was present, the EC₅₀ values are not directly comparable. Neverthe-

1 less, it is indispensable to mention that totally different effects and mechanisms than
2 heavy metal exposure lead to cell death upon cultivation in sf-medium.

3 Up to now, the reason for the exceptional strong effect of Ce is still unknown. Most likely,
4 it is caused by its chemical characteristics. Out of the 14 Ln, Ce is the only element which
5 might be stabilized in solution in the oxidation state +IV under certain conditions. Since
6 Ce(IV) is highly reactive, a strong oxidizing agent, and reported to have a significantly
7 stronger cytotoxicity onto *Chironomus ramosus* than Ce(III) (Kumar et al., 2016), the
8 partial oxidation of Ce(III) to Ce(IV) is the most probable explanation for the significant-
9 ly stronger effect of Ce compared to La, Eu, and Yb. However, proof of this hypothesis
10 has yet to be provided and further studies on the oxidation state of Ce inside the cells or
11 the oxidative stress after exposure to Ce and other Ln are needed.

12 *Suitability of TRLFS and thermodynamic modeling for Ln speciation in cell culture media*

13 Results of our TRLFS study reveal that Ln speciation in cell culture media is independent
14 from incubation time and complex. We identified four different Eu species with at least
15 two of them coexisting in each cell culture medium. Two soluble and long-lived com-
16 plexes with (a) protein(s) from FBS dominate the Eu speciation in st- and st-cit-medium
17 (Eu species 1 and 2). At least one of these two Eu species also dominates in the superna-
18 tant of sr-medium after settlement of the Eu precipitate. An insoluble and long-lived Eu
19 species with one or more ligands from DMEM, most probably phosphate and/or car-
20 bonate (Eu species 3), dominates the suspensions of sr- and sf-medium with stirred Eu
21 precipitates as well as the precipitated Eu deposits. Finally, a soluble and short-lived Eu
22 complex with an (in-) organic ligand from DMEM dominates the speciation in the super-
23 natant of sf-medium after settlement of the Eu precipitate. In general, the TRLFS results
24 are in good accordance with those from solubility studies. Overall, they also fit quite well

1 to cell culture experiments. Concerning literature data, our results fit to previous studies
2 on Eu in cell culture media (Heller et al., 2019; Sachs et al., 2015). Finally, TRLFS has
3 proven to be a versatile tool to experimentally investigate the speciation of luminescent
4 heavy metal ions in a complex solution like a cell culture medium.

5 However, comparison of the theoretical Eu speciation in cell culture media derived from
6 thermodynamic modeling and TRLFS results yielded significant discrepancies. Thus,
7 quite identical Ln speciation was predicted in st-, sr-, sf-, as well as st-cit-medium. One
8 possible explanation might be an underestimation of the Eu complexation by transferrin,
9 another one the existence of Eu complexes with other proteins (albumin, globulin, lipo-
10 proteins) or even ternary Eu complexes for which no thermodynamic data are available
11 up to now. In fact, there is an ongoing controversy whether Ln are better complexed by
12 transferrin or albumin in biological fluids (Duffield et al., 1994; Palizban et al., 2010;
13 Taylor, 1998). This points to the need for detailed investigations on the composition of
14 FBS and the binding of Eu to the proteins contained therein to determine complex for-
15 mation constants. With these, thermodynamic databases could be supplemented and the
16 predicted speciation would be more reliable. Furthermore, it has to be kept in mind, that
17 FBS is a natural product with variable content of its components. Hence, some variance
18 has always to be accepted.

19 Another possible explanation for the modeling deviating from experimental results
20 might be an insufficient thermodynamic database. For modeling, thermodynamic data
21 for the hydrolysis of all organic, inorganic and biological fluid components as well as
22 their interactions with the Ln and with ubiquitous matrix cations (alkali, alkaline earth,
23 aluminum, iron, etc.) must be known and included in the calculations. Due to the many
24 possible combinations of potentially interacting reactants, this can easily lead to some
25 kind of "parameter explosion" which cannot be fully parameterized. Another major

1 problem for the modeling is the often unclear stoichiometry of large organic compounds.
2 Smaller surrogate species without given chemical composition can be used to describe
3 simple reactions but e. g. redox reactions involving the degradation of such species
4 would, then, be rendered impossible.

5 In summary, up to now, thermodynamic modeling is hardly suitable for Ln speciation in
6 a complex biological fluid like cell culture medium due to a huge lack of thermodynamic
7 data. Furthermore, it has limited value for the interpretation of the TRLFS data and the
8 assignment of Eu species. Therefore, to really identify and assign the dominant Eu spe-
9 cies in the different cell culture media, extensive TRLFS measurements of Eu in numer-
10 ous reference solutions of varying composition is indispensable. Hence, our study
11 points to the great need of basic chemical research to render this promising method ap-
12 plicable for Ln speciation in biological fluids and for risk assessment.

13 **5. Conclusions**

14 In this study, we investigated the influence of the serum content as well as that of citrate
15 addition onto the solubility and speciation of Ln in cell culture medium as well as on
16 their effect on the viability of rat renal NRK-52E cells. For that, *in vitro* cell culture tech-
17 niques were combined with dedicated analytical and spectroscopic methods as well as
18 thermodynamic modeling. Experiments were performed in four different cell culture
19 media: st-medium with 10 % FBS, sr-medium with 1 % FBS, sf-medium without any FBS,
20 and st-cit-medium with 10 % FBS and 0.1 mM citrate addition.

21 In conclusion, our results illustrate the multiple parameters influencing the effect of Ln
22 onto the viability of NRK-52E cells in different ways. Results from TRLFS and solubility
23 measurements correlate well to those from *in vitro* cell culture experiments and this

1 study demonstrates the synergistic effects achieved by the combination of chemical
2 methods and cell culture techniques. Finally, comparing the Ln concentrations with sig-
3 nificant effects onto NRK-52E cells with those measured in unexposed waters, we con-
4 clude that, at environmental concentrations, Ln exhibit no harmful effect on rat renal
5 cells within 8 – 48 h. Nevertheless, at elevated concentrations measured in waters of
6 mining/industrial areas and blood samples of exposed workers, especially Ce has the
7 potential to harmfully affect kidney cells und should be taken into account for risk as-
8 sessment. However, since we studied only one respective rat kidney cell line no general-
9 ization can be made regarding tissues and species. For this, further extensive research is
10 needed.

11 **Conflict of interest**

12 The authors declare no conflicts of interest.

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22

1 **Appendix A. Supplementary data**

2 Tables: Supplemented data for thermodynamic modeling of Eu and Ce speciation in cell
3 culture medium; ICP-MS and total carbon data in sr- and sf-medium; spectral parame-
4 ters derived from TRLFS spectra of Eu in cell culture media of different composition.

5 Figures: Dose-response curves after Ln exposure of rat NRK-52E cells in sr- and st-cit-
6 medium; light microscopic images of Ln precipitation in 96-well-plates; dose-response
7 curves after Ln exposure of NRK-52E cells in sr- and st-cit-medium in dependence on the
8 exposure time; fluorescence microscopic images of NRK-52E cells exposed to Zn in sr-
9 medium; amplified fluorescence microscopic images of NRK-52E cells in st-medium;
10 steady-state luminescence spectra and decay curves derived from time-resolved spectra
11 of Eu in sr-, sf-, and st-cit-medium; raw steady-state luminescence spectra of Eu in sr-
12 and sf-medium in dependence on the incubation time; species distribution of Eu in sr-
13 and st-cit-medium as predicted by thermodynamic modeling.

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